



MESSAGE FROM MAYOR

Greetings Residents,

Forest Heights Residents

As of May 1, 2016

YARD WASTE, TRASH and RECYCLING

To be once-a-week
pickup

MONDAY ONLY.



Schools will soon be out for summer vacation. I ask all residents to drive with caution throughout the Town, as the children will be playing, and riding their bicycles.

Inside this issue:

Message from the Mayor Office	1
Business Section	2
Town Community Information	3

Business Section

MAYOR AND COUNCIL THE TOWN OF FOREST HEIGHTS

ORDINANCE NO. 05-16

(1 of 2)

AN ORDINANCE OF THE MAYOR AND COUNCIL OF THE TOWN OF FOREST HEIGHTS, MARYLAND AMENDING ARTICLE 3 (BUILDING AND CONSTRUCTION REGULATIONS AND CODES FOR LAND USE) AND PARTICULARLY SECTION 3.2 OF THE ORDINANCE CODE OF THE TOWN OF FOREST HEIGHTS, PROVIDING FOR AN ORDINANCE RESCINDING THE BUSINESS PROPERTY OCCUPANCY PERMIT AND SUBSTANTIALLY REPLACING IT WITH A BUSINESS LICENSE FOR BUSINESS ACTIVITIES LOCATED WITHIN THE TOWN AND A TOWN LIQUOR LICENSE FOR ANY PLACE OF BUSINESS LOCATED IN THE TOWN OF FOREST HEIGHTS THAT HOLDS A LIQUOR LICENSE ISSUED BY THE BOARD OF LICENSE COMMISSIONERS FOR PRINCE GEORGE'S COUNTY, PROVIDING PROVISIONS REGARDING EXEMPTIONS, THE APPLICATION PROCESS, CERTAIN FEES FOR SAID LICENSES, LICENSING OF MULTIPLE ESTABLISHMENTS, LATE OR PRORATED FEES, FURTHER PROVIDING FOR A BASIS FOR REVOCATION OF BUSINESS LICENSES, HEARINGS, REFUNDS OR TRANSFERABILITY, PENALTIES AND REMEDIES FOR VIOLATIONS OF SAID ORDINANCE, AND GENERALLY RELATING TO THE REGULATION OF BUSINESSES THROUGH LICENSING - *(passed 4/20/2016)*

Message from Town Administrator

- NOW IS A GOOD TIME TO REMOVE ANY DEAD BRANCHES IN YOUR TREES
- WE NEED TO MAKE SURE NO POTS OR PANS HAVE WATER IN THEM BECAUSE OF MOSQUITOS. FOREST HEIGHTS HAS A SIGNIFICANT NUMBER OF TIGER MOSQUITOS AND THEY ARE RENTLESS
- DON'T FORGET YARD WASTE WILL NOW BE PICKED UP ON MONDAYS BEGINNING MAY 2ND, 2016 ALONG WITH RECYCLING, AND TRASH. RECYCLING IS A COUNTY PROGRAM AND BINS CAN BE SECURED THROUGH THE COUNTY PH # 301-952-7630
- EXTRA BINS ARE AVAILABLE AT THE TOWN'S PUBLIC WORKS DEPARTMENT FOR A FEE OF \$75 WHICH COVERS DELIVERY. BE SURE TO SPRAY PAINT YOUR ADDRESS ON YOUR BIN AS THAT WILL HELP PREVENT THEFT.
- FOREST HEIGHTS DAY IS THE FIRST SATURDAY IN AUGUST. PARTICIPATION HAS DOUBLED IN THE LAST THREE YEARS.
- MANY OF YOU HAVE INQUIRED ABOUT THE DIFFERENT PAINT COLORS ON THE STREET AND THE SIGNIFANCE: BLUE IS FOR WATER LINE ISSUES, GREEN IS FOR SEWER LINES, YELLOW IS FOR GAS LINES, RWED IS FOR ELECTRIC, AND ORANGE IS FOR FIBER OPTIC.
- THE TOWN CONTINUES TO PRESS WSSC, WASHINGTON GAS, AND PEPCO TO FOLLOW UP ON REPAIRING ALL STREET CUTS WHEN NOTIFIED OF PROBLEMS AND DAMAGE IN RESIDENTIAL YARDS. THE PROCEDURE FOR STREET CUTS INCLUDES COMPACTION, A TEMPORARY ASPHALT PATCH AND 30-60 DAYS LATER A PERMANENT PATCH REPLACES THE TEMPORARY PATCH. WE HAVE SEVERAL LOCATIONS AT THIS TIME THAT NEED REPAIR. FEEL FREE TO CALL ME IF YOU DAMAGE ISSUES. 301-839-1030
- NATIONAL LEAGUE OF CITIES WATER LINE & SEWER LINE WARRANTY PROGRAM WILL BE ENROLLING IN MAY AND SEPTEMBER. COST IS \$5.95 PER MONTH OR \$66.40 PER YEAR FOR WATER LINES AND THE SEWER LINE IS \$7.95 PER MONTH OR \$90.40 PER YEAR. WATER LINE COVERAGE IS FROM THE METER TO THE HOUSE AND THE SEWER LINE COVERGAE IS FROM THE SEWER MAIN LINE TO THE HOUSE. IT ALSO INCLUDES THE COST TO MOVE YOUR FENCE AND PUT IT BACK IF NECESSARY. MOST OF THE LINES IN FOREST HEIGHTS ARE PROBABLY 40-60 YEARS OLD.
- THOUGHTS FOR THE DAY: "REMEMBER NO ONE CAN MAKE YOU FEEL INFERIOR WITHOUT YOUR CONSENT" "DON'T COMPROMISE YOUR SELF. YOUR ALL YOU'VE GOT"
- AND "A MEDIOCRE IDEA THAT GENERATES INTHUSIASM WILL GO FURTHER THAN A GREAT IDEA THAT INSPIRES NO ONE".

Town Community News

Forest Heights Green Team



Are you interested in saving our planet, helping the Oxon Run or reducing your carbon footprint? If so, join us and be part of our Forest Heights Green Team. All are welcome!

May 26, 2016 at 6:00 p.m.

Hosted by Ms. Bonita Anderson



A Friendly Reminder: PLEASE LOCK YOUR CAR DOORS!

It's a crime that can EASILY be prevented yet we see it time and time again. Recently we have seen an increase in car break-ins in various areas across the town. In ALL the cases, the cars were left unlocked. Please help spread the word to your neighbors and remind them to lock their car doors. It's as easy as that! Thieves are opportunists. If they see an easy target, they will strike. Let's at least do our part to make it hard for them :)

Forest Heights Community Garden

The Town of Forest Heights will have one location available for a Community Gardens on South Huron Drive on a first come basis. The gardens has 28 plots available for individuals, families, and community groups. This is ideal for those residents who may lack their own garden space.

Gardening for Better Health

Reserve your plot today!

*If you are interested, please contact the
Town Clerk Bonita Anderson at 301-839-1030*



Gas surcharges in Maryland could soon double, and electric companies could be allowed to impose \$4 per month charges on consumers, too. Your legislators **need to hear from you right now** so that this doesn't happen.

Maryland lawmakers have already allowed gas companies to charge consumers up to \$2 per month to pay for projects and services over and above your monthly rates. Now, they are considering new laws that could **double the surcharge fee** that gas companies can impose to \$4 per month--and permit electric companies to also charge ratepayers up to \$4 per month for electricity surcharges over and above the rates.

Senate Bill 510 and House Bill 546 would allow this all to happen with far less oversight from the Public Service Commission.

This is simply not okay, and we need to let our legislators know that we won't stand for it. Please [send a message to your legislators](#) right now urging them to vote "no" on these bills, which are unfair to consumers like you.

Let's send a message: legislators should vote NO on SB510 and HB546.

Tell your legislators to vote against unfair, overreaching surcharges that cost hard-working Marylanders. With your help, we can stop this.

Unfair electric and gas surcharges could soon become a reality in Maryland



MEMORIAL DAY OBSERVANCE MONDAY, MAY 30, 2016

Memorial Day, originally called Decoration Day, is a day of remembrance for those who have died in service of the United States of America. Over two dozen cities and towns claim to be the birthplace of Memorial Day. While Waterloo N.Y. was officially declared the birthplace of Memorial Day by President Lyndon Johnson in May 1966, it's difficult to prove conclusively the origins of the day.

Regardless of the exact date or location of its origins, one thing is clear – Memorial Day was borne out of the Civil War and a desire to honor our dead. It was officially proclaimed on 5 May 1868 by General John Logan, national commander of the Grand Army of the Republic, in his [General Order No. 11](#). "The 30th of May, 1868, is designated for the purpose of strewing with flowers, or otherwise decorating the graves of comrades who died in defense of their country during the late rebellion, and whose bodies now lie in almost every city, village and hamlet churchyard in the land," he proclaimed. The date of Decoration Day, as he called it, was chosen because it wasn't the anniversary of any particular battle.

It is now observed in almost every state on the last Monday in May with Congressional passage of the National Holiday Act of 1971 (P.L. 90 – 363). This helped ensure a three day weekend for Federal holidays, though several southern states have an additional separate day for honoring the Confederate war dead: January 19th in Texas; April 26th in Alabama, Florida, Georgia, and Mississippi; May 10th in South Carolina; and June 3rd (Jefferson Davis' birthday) in Louisiana and Tennessee.

Town Community News (continued)

Trusted, Comfortable & Caring Dentistry



**Don't Hide Your Smile - Go Wireless!
Invisalign Clear Orthodontics.**

Get the beautiful smile you've always wanted, without the metal-mouth!

NOW ACCEPTING NEW PATIENTS

No out-of-pocket cost for Most Insured Patients for routine dental cleanings!
Cleaning, Polishing, Exam & X-Rays ~ \$99

For uninsured patients. Regular value of \$339. Offer does not include periodontal (gum) therapy. Offer good for new & returning patients who have not been seen in the last 24 months. One-time offer.

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DENTAL
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**Come See Us
for ALL Your
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out of pain and
save your teeth*

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www.PatCieplakDDS.com

5722 Livingston Road, Oxon Hill • 301-839-8888

www.PatCieplakDDSOxonHill.com

Town Community News



MARYLAND BLACK MAYORS, INC.
cordially invites you to attend the

MBM Honors

FUNDRAISING GALA 2016

Leaders of Today, Inspiring the Stars of Tomorrow

FRIDAY, MAY 6, 2016 at 7:00 PM



Hosted by
EBONY MCMORRIS & SHOMARI STONE

Keynote Address
DR. BRYANT MARKS

Music by
PHAZE II & DJ DANNY

Camelot by Martin's
13905 Central Avenue, Upper Marlboro, MD 20774
General Admission Gala Ticket: \$65 / Full Table (10 Tickets): \$600
For more information, visit marylandblackmayors.org

FREE!! Entrepreneurial Training Calling All New, Seasoned and Want to Be Entrepreneurs!!



Training for those who have:

- Thoughts of owning a business-but don't know where to begin
- Just started your own business
- Would like to grow their existing business



Two Training Workshops and Technical Assistance

Date: Saturdays, June 11th and June 25th 2016
Time: 11:00 a.m.-5:00 p.m.
Location: Oxon Hill Library, 6293 Oxon Hill Road-Oxon Hill, MD

Training will provide participants with up to 14 hours of classroom and one-on-one training time. Participants will receive a certificate for twelve hours of classroom training and two (2) hours of one-on-one technical assistance to discuss their specific business concerns.

To be eligible:

Participants must be Oxon Hill/Glassmanor residents in the Transforming Neighborhood Initiative (TNI) area and age 18 and over.

To Register and for more information call: Olga Johnson at 301-761-4300 or Email: svgriffin@yahoo.com

Seats are limited!!
Training Conducted by Reid Community Development Corporation
Reid Community Business Center

ACCESS TO WHOLISTIC AND PRODUCTIVE LIVING INSTITUTE INC. IN PARTNERSHIP WITH THE PORT TOWNS PRESENTS NATIVE AMERICAN CULTURE

The purpose of this evening event is to celebrate and experience the rich and diverse traditions and cultures of the Native American people. To celebrate the Native American culture and heritage, this event will feature live performances of traditional and contemporary music, dancing, drumming, and singing

OPEN TO THE PUBLIC (LIMITED SEATS)

FREE event, no RSVP required

DANCERS • MUSIC • FOOD • VENDORS

FEATURING SPECIAL GUESTS:

Echota Cherokee Musician
RON WARREN



and The Great American Indian Dancers
DENNIS ZOTIGH

Saturday, June 4, 2016
7pm to 10pm

*Doors open @ 6:45pm

3701 Lawrence Street • Colmar Manor, Md • 301-779-5491
MOTA event partnership with the Town of Colmar Manor
Funding provided by the Maryland Office of Minority Health and Health Disparities



Let Say Congratulations to the Limitless Dancing Warriorettes (LDW) of Forest Heights, their hard work and dedication has allowed them to participate in nationally ranked parades (Cherry Blossom Parade, Maryland). Additionally, they were offered by Channel 7 to do an interview to discuss being selected to participate in the 2016 Cherry Blossom Parade. They Meet Every Saturday from 10:30-1:00 PM AGES 8 YRS to 18 YRS at the Town Hall. Call Coach Nikkei for more information 301-404 6772.

Town Community News (continued)

**The Forest Heights Healthy Living Program
invites you to a health seminar on:
Promoting Healthy Eyes**



Saturdays, May 9, 2016 @1-3 PM
Forest Heights Municipal Building
5508 Arapahoe Drive
Forest Heights, MD 20745

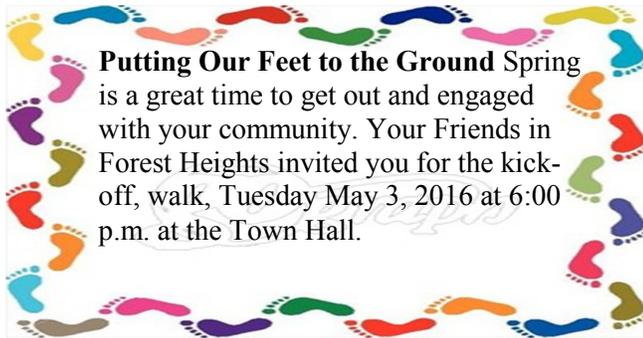
**For information contact Mrs. Turner at
202-330-3043 or email Turnerkchar@aol.com**

**The Joseph A. Gilmore, Sr., Adult
Day Center** hosts a Symposium for
Caregivers & Community Stake
Holder's

- Alzheimer's/Dementia
- POA/Legal Guardian, Socialization
& Good Health,
- Scholarship Assistance,
- State & County Resources for
Seniors



Saturday May 7, 2016 9-3p.m.
Dessert Bar Jazz Ensemble 3-5p.m.
608 Largo Road
Upper Marlboro, MD 20774



Putting Our Feet to the Ground Spring
is a great time to get out and engaged
with your community. Your Friends in
Forest Heights invited you for the kick-
off, walk, Tuesday May 3, 2016 at 6:00
p.m. at the Town Hall.



Are you doing all you can for
your Health?

Seniors Exercise Classes
Monday and Wednesday,
Class Begins at 12:00 noon

The Forest Heights Healthy Living:

**The Forest Heights Seniors'
Recreation Club Presents **Healthy Cooking**
*Oxon Hill High School Culinary Arts***



Thursday, May 26, 2016 @ 1-2pm
Forest Heights Municipal Building
5508 Arapahoe Drive

COMMUNITY CALENDAR MAY 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 MAYOR/COUNCIL MEETING 7:30P.M.	3	4	5	6	7 Forest Heights Limitless StarZ Dance 9-noon
8	9 Senior Exercise Classes 12-1p.m. Trash/Recycle Pickup Yard Waste Seminar on Code Enforcement 1-2p.m.	10	11 Senior Exercise Classes 12-1p.m.	12 Bulk Trash 3 Items or Less	13	14 Forest Heights Limitless StarZ Dance 9-noon
15	Trash/Recycle Pickup Yard Waste	17	18 Senior Exercise Classes 12-1p.m. MAYOR/COUNCIL WORKSHOP MEETING 8:00P.M.	19 Bulk Trash 3 Items or Less	20	21 Forest Heights Limitless StarZ Dance 9-12p.m.
22	23 Senior Exercise Classes 12-1p.m. Trash/Recycle Pickup Yard Waste	24	25 Senior Exercise Classes 12-1p.m.	26 Bulk Trash 3 Items or Less FH Seminar on Healthy Cooking with Oxon Hill High School Culinary Class 1-2p.m.	27	28 Forest Heights Limitless StarZ Dance 9-noon
29	30 Senior Exercise Classes 12-1p.m. Trash/Recycle Pickup Yard Waste	31				

Stay Connected

Town Meetings Now Available Online

Don't miss out on the latest community news, events and projects! Our Town meetings are now available for viewing at [FH Community Video](#), and check us out on [Forest Heights Facebook](#). May we have your email address? The Town is continuing to develop its residential Email list to inform residents of activities, events, and news in and around the Town. Please contact Town Hall 301-839-1030, with your name and email address or send it to: shawkins@forestheightsmd.gov



MINT

I "MINT" to call and thank you— But my time is in demand. I "MINT" to say "I love you", But I know you'd understand.

I "MINT" to send you flowers— But they cost so much you know. I "MINT" to pray for you this morning. But I had someplace to go.

I "MINT" to say "Forgive me", But that's so hard to do. I heard my Lord say, "Bless You Child". I hope he "MINT" me too!

Prince George's County Department of Social Services

FREE FRESH SEASONAL PRODUCE 4pm-6pm

One distribution per household Please bring your own bags.

Hyattsville—District Office PGCDSS 6505 Belcrest Road, Hyattsville, MD 20782 **January 24 and June 20**

Temple Hills—Iverson Mall (in front of Burlington Coat Factory) 3737 Branch Avenue, Hillcrest Heights, MD 20748 **May 16, and May 17**

SOCIAL SERVICES ASSISTANCE

For questions about food supplement program or medical assistance you may contact the Prince George's County Social Services Department at 301-209-5000.



*****EWCWSS****

Local Forest Heights
Post Customer

PRSWRT STD
ECRWSS
U.S. POSTAGE
PAID

Town Community News (continued)

“Day of Service in Maryland”
FOREST HEIGHTS IS CONDUCTING
A FOOD DRIVE!
WE WILL STUFF A CAR WITH FOOD, ON
SATURDAY JUNE 18, 2016
Please come Help us Help Someone!
The Best Foods To Donate.

<p>fruit & vegetable group or dry fruits and vegetables in an array of colors to ensure consumption of a variety of vitamins and minerals.</p> <p>canned vegetables</p> <p>vegetable juice</p> <p>tomato sauce</p> <p>spaghetti sauce</p> <p>canned fruit (in its own juice)</p> <p>fruit juice (100%)</p> <p>shelf-stable fruit cups</p>	<p>milk group</p> <p>choose shelf-stable low-fat dairy products fortified with vitamin D.</p> <p>dry milk</p> <p>boxed shelf-stable milk</p>	<p>protein group</p> <p>choose shelf-stable lean meats as a good source of low-fat protein and canned or dry beans as a good source of fiber.</p> <p>Tuna salmon</p> <p>Chicken beans</p> <p>Chili beef stew</p> <p>peanut butter</p> <p>nuts (unsalted)</p>	<p>grain group</p> <p>choose non-perishable</p> <p>whole grains as often as you can for maximum nutritional value.</p> <p>hot cereals</p> <p>whole grain crackers</p> <p>whole wheat pasta low sugar/high fiber cereal</p> <p>whole grain rice</p>
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Forest Heights Notary
9 am - 4 pm Monday - Friday
Notary is \$2 per document
ADMINISTRATIVE OFFICES
Phone (301) 839-1030 Fax (301) 839-9236
8:30a.m.—5:00 p.m.
www.forestheightsmd.gov

Mayor Jacqueline Goodall—ext. 1223
jacquelinegoodall@msn.com
TOWN COUNCIL
Ward I
C. Lynn Smith-Barnes—ext. 1301
ward1handinhand@aol.com
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RBarnes@forestheightsmd.gov
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LRobinson@forestheightsmd.gov
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lcrawford@forestheightsmd.gov
CODE ENFORCEMENT OFC
Rsmith@foresetheightsmd.gov
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