



**MESSAGE FROM MAYOR**

Dear Citizens

Each April has been declared Forest Heights Clean-up month. Since I have been an elected official, the town has ordered a dumpster for the residents to utilize for spring clean-up during the last week of April. Since becoming mayor in 2011, the month of May became the beginning of strict adhering to the codes and ordinances regarding property maintenance.

Grass cutting, yard cleaning and maintenance of property are nothing new in the Town of Forest Heights (I have lived here for twenty-plus years and there has always been grass cutting warnings issued). However, there always seems to be questions arising when the violations are issued.

It would be wonderful to live in a town where every property owner and resident kept their property in a manner that it was well maintained; where all homes had well-manicured lawns, fences were in good repair, yards were free of debris and trash, homes were painted; you get the picture. Unfortunately, that utopia does not exist anywhere, there is always a need for codes and ordinances for municipalities – for those that forget or refuse to follow the law - and there will always be a job opening in many towns for a code enforcement officer. Our town is no different, while we do have many residents that maintain their homes and yards, occasionally there is a need to remind others that the outside appearance of their property has a direct impact on their neighbors and the town. (This newsletter and future newsletters will have excerpts of various codes.)

A copy of the Town’s codes and ordinances can be found on the town website [www.forestheightsmd.gov](http://www.forestheightsmd.gov) or a hard copy can be obtained from the town clerk’s office. If you receive a violation and have corrected it within the given period, you may come to or call the Police Department to have the issuing officer (code enforcement officer generally) to come and inspect the correction. The other choices are to pay the violation or to attend court when a date is set.

I do not now nor have I ever taken back an infraction ticket that has been issued. First, it is against the law for an elected official to do so. Secondly, as stated in the above paragraph there are specific ways that municipal infractions can be cured.

I would like to also encourage citizens to attend our town meetings to speak regarding questions and concerns they have and/or to talk to their elected council persons to ask them to address the issue. I have worked to make Forest Heights a better place to reside in, to keep our town well maintained and a place that we are proud to call home. I hope that we can all continue to work together to achieve this goal.

Sincerely,  
Jacqueline Goodall, Mayor

**NOTICE OF BUDGET HEARING (Fiscal Year 2017)**

*The hearing will be held on  
June 8th, 2016 @ 6:30 p.m.  
Municipal Building*

*5508 Arapahoe Drive Forest Heights, MD 20745*

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# Town Community News

## Forest Heights Green Team



Are you interested in saving our planet, helping the Oxon Run or reducing your carbon footprint? If so, join us and be part of our Forest Heights Green Team. All are welcome!

June 23, 2016 at 6:00 p.m.

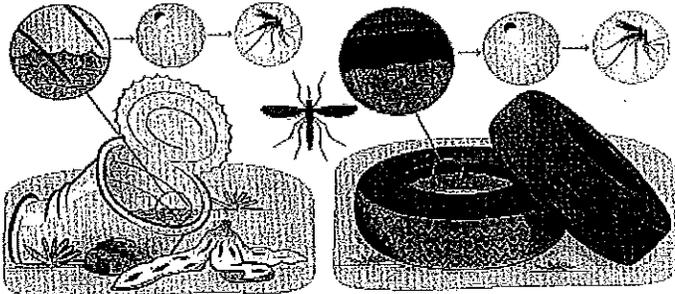
Hosted by Ms. Bonita Anderson

Prince George's County Health Department

## ZIKA VIRUS



### STOP, LOOK & CLEAN YOUR YARD



PROTECT YOURSELF AND YOUR FAMILY, TAKE ACTION NOW



#### Tips to reduce mosquito breeding sites:

- Wear insect or mosquito repellent.
- Remove trash and clutter. This includes discarded tires, buckets, tarps and any other items that could collect water.
  - Bird baths
  - Flower pots
  - Cans
  - Hubcaps
  - Wagons
  - Kiddie pools
  - Empty bottles
  - Jars and their lids
  - Cups
  - Trash cans
  - Pet water dishes
  - Children's toys
  - Tires
  - Boats
- Minimize and eliminate standing water. Did you know mosquitoes lay eggs in water? To prevent mosquito breeding, remove water holding containers or turn them upside down. Here are some examples.
- Regularly clean gutters. Clogged drains and gutters can create backup that breed mosquitoes.
- Repair screens on windows and doors. Make sure children know to keep screen doors closed to keep mosquitoes from entering buildings.



ACCESS TO WHOLISTIC AND PRODUCTIVE LIVING INSTITUTE INC.  
IN PARTNERSHIP WITH THE PORT TOWNS PRESENTS

## NATIVE AMERICAN CULTURE

The purpose of this evening event is to celebrate and experience the rich and diverse traditions and cultures of the Native American people. To celebrate the Native American culture and heritage, this event will feature live performances of traditional and contemporary music, dancing, drumming, and singing.

OPEN TO THE PUBLIC (LIMITED SEATS)

FREE event, no RSVP required

DANCERS • MUSIC • FOOD • VENDORS

FEATURING SPECIAL GUESTS:

Echota Cherokee Musician  
RON WARREN



and The Great American Indian Dancers  
DENNIS ZOTIGH

Saturday, June 4, 2016  
7pm to 10pm

\*Doors open @ 6:45pm

3701 Lawrence Street • Colmar Manor, Md • 301-779-5491

MOTA event partnership with the Town of Colmar Manor  
Funding provided by the Maryland Office of Minority Health and Health Disparities



## Forest Heights Community Garden

The Town of Forest Heights will have one location available for a Community Garden on South Huron Drive on a first come basis. The gardens has 28 plots available for individuals, families, and community groups. This is ideal for those residents who may lack their own garden space.

### Gardening for Better Health

Reserve your plot today!

If you are interested, please contact the

Town Clerk Bonita Anderson at 301-839-1030



**Town Community News (continued)**

*Trusted, Comfortable & Caring Dentistry*



**Don't Hide Your Smile - Go Wireless!  
Invisalign Clear Orthodontics.**

**Get the beautiful smile you've always wanted, without the metal-mouth!**

**NOW ACCEPTING NEW PATIENTS**

No out-of-pocket cost for Most Insured Patients for routine dental cleanings!  
**Cleaning, Polishing, Exam & X-Rays - \$99**

\*For uninsured patients. Regular value of \$139. Offer does not include periodontal (gum) therapy. Offer good for new & returning patients who have not been seen in the last 24 months. One-time offer.

**Cieplak**  
**DENTAL**  
*Excellence*  
Personalized & Comfortable

**Come See Us  
for ALL Your  
Dental Needs**

*- Let us get you  
out of pain and  
save your teeth*

6265 Crain Hwy, La Plata • 301-609-9999

[www.PatCieplakDDS.com](http://www.PatCieplakDDS.com)

5722 Livingston Road, Oxon Hill • 301-839-8888

[www.PatCieplakDDSOxonHill.com](http://www.PatCieplakDDSOxonHill.com)

# Town Community News (continued)

## SUMMER THEATER CAMP

Come join us for the theater camp this summer. We will spend our time learning acting, singing, and improvisation.

A Parent or Guardian approves of this program for their child to participate in and agree to release and hold the town harmless for any injuries or death that may occur to the participant while participating in this program:

Signature \_\_\_\_\_ Student Name \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_ Home # \_\_\_\_\_ Cell # \_\_\_\_\_

Also you agree that any photographs taken of your child while engaged in the program activity are the property of the Town of Forest Heights and your consent to the same

Schools involved:

Forest Heights Elementary, Flintstone Elementary, Glassmanor Elementary School, Valley View Elementary and Oxon Hill Middle



### WHEN

Session 1  
June 6-July 1  
Session 2  
July 11-July 29  
Session 3  
August 1-August 12  
3-5 pm

### WHERE

Forest Heights Municipal Building  
5500 Arapahoe Drive,  
Forest Heights, MD 20745

\*Rising 4-6 graders  
Mondays and Wednesdays  
Rising 7-8 graders  
Tuesdays and Thursdays  
Friday Improvisation  
(all grades)  
\*optional

You may come to all sessions or two or just one however to perform on Forest Heights Day Session 3 is a requirement



MID-ATLANTIC



## Town of Forest Heights

### Youth Tennis Program

Join the Fun!

Saturdays May 28 to July 2, 2016  
1pm-3pm

Eagle Acres National Park Tennis Court

(149 North Furon Drive/Mohican Drive)

Forest Heights, MD. 20745

Age groups: 7 to 12

Call Charmaine Turner @ 202-330-3043 for info.



IS YOUR CHILD FREE ON  
SATURDAYS?  
FOREST HEIGHTS HAS A  
CHEER & DANCE PROGRAM  
"LIMITLESS ALL STARZ"  
EVERY SATURDAY  
9:00-12:00 P.M.  
AGES 8 YRS TO 18 YRS

### Animal Control Ordinances Summary — Leash Law



It is against the law for the owner or custodian of any animal to allow the animal to run at-large. Any dog or cat that is found at-large may be impounded. A Violation Notice may be issued to the owner of an animal found at-large by a Code Enforcement or Animal Control Officer.

#### Removal of Excrement

The owner or custodian of any dog or cat must remove their pet's excrement from public or private property.

## Message from Code Enforcement



### REMINDER

Forest Heights Residents

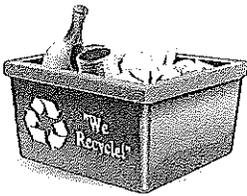
As of May 1, 2016



## YARD WASTE, TRASH and RECYCLING

To be once-a-week pickup

**MONDAY ONLY.**



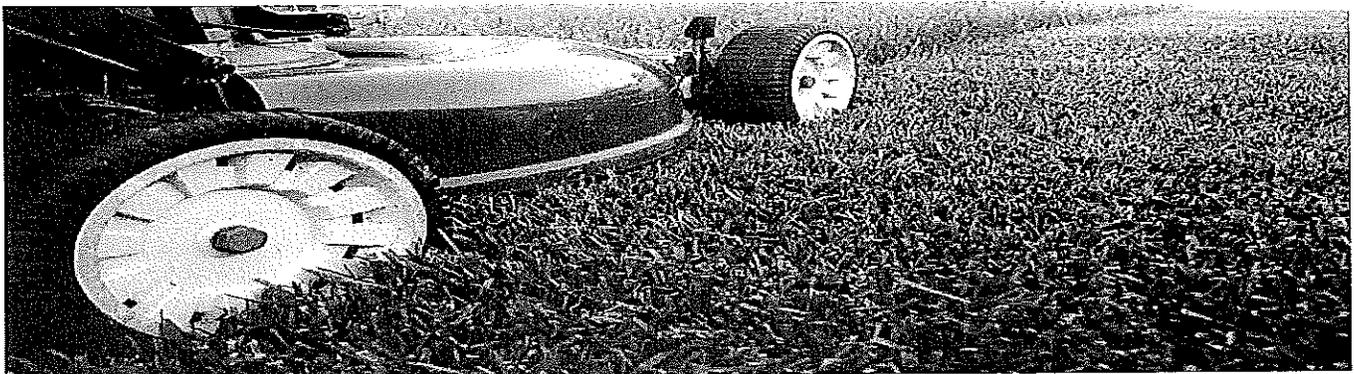
**METAL PICK-UP.** Metal placed on the curb will be picked up by Public Works for a minimum of \$35.00, (Must pay in advance). Propane Tank Pick-ups are \$30 each; Tires \$15.00 each.

**Trash/Recycle Collection is to be placed at the curb the night before collection  
PICK-UP DAYS BEGIN AT 6:30 a.m.**

### **ORDINANCE CODE Section 11.2: Dwellings, Yards and Vacant Areas and Lots**

Every dwelling lot or vacant area within the Town Limits, and every part thereof, shall be kept clean, presentable and free from any accumulation of accumulated litter, discarded appliances, dismantled and inoperative vehicles--water craft, motor cycles, construction debris (scrap wood, plumbing accessories, dry wall, broken-up concrete, etc.), automobile parts and chemicals (engine blocks, fenders, bumpers, used and/or drained motor oil or transmission fluid, etc.), rubbish--discarded furniture, garbage and similar matter as not to be a danger to the health of any occupant thereof, or hazard to the adjoining property thereto, and shall be kept free from vermin and rodent infestation. It shall be the duty and responsibility of each occupant or owner of a dwelling unit, lot or vacant area to remove dead or dying tree or dying limbs (except those planted by the Town) by reason of rotting, deteriorating condition or storm damage which constitutes a hazard to person or property in the vicinity. These conditions will not be allowed to exist or accumulate on any private property or property adjoining any streets, alleys or lanes in the Town<sup>11</sup>. All yard, lawns, lots and vacant areas immediately adjacent to improved property shall be kept covered with sufficient ground cover, such as grass, and in addition, it shall be kept clean and free from weeds and brush exceeding eight (8) inches in height. It shall be the duty of each occupant or owner of a dwelling unit, lot or vacant area, to keep, in a clean condition the portion of the property which he or she occupies or over which he has exclusive control. If the occupant or owner shall fail to keep his portion of the property clean as above provided, the Town Council may send a written notice to such occupant or owner requesting him to remedy such condition within the time specified in said notice, said time not to be less than three (3) days.

Upon failure of the occupant or owner to comply with such notice, the Town, through its officers and agents, shall have the power to enter upon the premises and cause such conditions to be corrected. The cost incurred by the Town shall be recovered in the manner outlined in paragraph 49 of the Town Charter (Article 20 b).



## Town Community News (continued)

The Forest Heights Recreation Club Program  
invites you to a seminar on:

### Do's & Don'ts of Safe Driving



*Monday June 13, 2016 @1-2 PM*  
Forest Heights Municipal Building  
5508 Arapahoe Drive  
Forest Heights, MD 20745



Senior Days at the Prince George's Sports & Learning Complex offer FREE use of the facility's pool, fitness center and indoor walking track on Mondays, Wednesdays & Fridays from 9 am to 12 noon. Make a pledge to stay healthy and active and take advantage of this FREE workout opportunity!



#### Town of Forest Heights

Espectaculo de tenis juvenil

Únete a la diversion !

Saturdays May 28 to June 18, 2016

1pm-3pm

Elite Acres National Park Tennis Court

(149 North Furon Drive/Menican Drive).

Forest Heights, MD. 20745

Age groups: 7 to 12

Call Charmaine Turner@202-330-343 for info.

Are you doing all you can for  
your Health?  
Seniors Exercise Classes  
Monday and Wednesday,  
Class Begins at 12:00 noon

### The Forest Heights Healthy Living:



United Medical Center Mobile  
Thursday, June 23, 2016 @ 1-4pm  
Forest Heights Municipal Building

# COMMUNITY CALENDAR JUNE 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Senior Exercise Classes 12-1p.m.	2 Bulk Trash 3 Items or Less	3 Beltway BBQ Show-down-Xtreme 5-10pm 1500 Merimac Drive Hyattsville 20783	4 Forest Heights Limitless StarZ Dance 9-12p.m.  Youth Tennis Program 149 North Huron Dr.
5	6 MAYOR/COUNCIL TOWN MEETING 7:30 P.M.  Senior Exercise Classes 12-1p.m.  Trash/Recycle Pickup Yard Waste	7	8 Senior Exercise Classes 12-1p.m.  Budget Hearing 6:30p.m.	9 Bulk Trash 3 Items or Less	10 Pickle Ball is FREE Cedar Heights CC: Fridays, 10 am-12:30p.m.	11 Forest Heights Limitless StarZ Dance 9-12p.m.  Youth Tennis Program 149 North Huron Dr.
12	13 Senior Exercise Classes 12-1p.m.  Trash/Recycle Pickup Yard Waste  Seminar on Do's & Don't of Safe Driving 1-2p.m.	14	15 MAYOR/COUNCIL TOWN MEETING 8:00 P.M.  Senior Exercise Classes 12-1p.m.	16 Bulk Trash 3 Items or Less	17 Pickle Ball is FREE Cedar Heights CC: Fridays, 10 am-12:30p.m.	18 Forest Heights Limitless StarZ Dance 9-12p.m.  Youth Tennis Program 149 North Huron Dr.
19	20 Senior Exercise Classes 12-1p.m.  Trash/Recycle Pickup Yard Waste	21	22 Senior Exercise Classes 12-1p.m.	23 Bulk Trash 3 Items or Less  Forest Heights Free Health Screening United Medical Center Mobile 1-2p.m.  Green Team Meeting 6:00p.m.	24 Pickle Ball is FREE Cedar Heights CC: Fridays, 10 am-12:30 pm	25 Forest Heights Limitless StarZ Dance 9-12p.m.  Youth Tennis Program 149 North Huron Dr.
26	27 Senior Exercise Classes 12-1p.m.  Trash/Recycle Pickup Yard Waste	28	29 Senior Exercise Classes 12-1p.m.	30 Bulk Trash 3 Items or Less		



## Drivers must slow down and watch out for kids this summer!

It finally feels like summer. In case you hadn't noticed, thousands and thousands of children have been turned loose to have fun. For people driving vehicles it means one thing: **slow down!**

The kids will be out there and being kids. They are apt to do unpredictable and unwise things. That includes racing in front of a moving car or truck to catch a ball or chase a friend, or cutting across a street on a bike in between parked cars without looking or slowing down.

These bad decisions do not have to end badly. If you are driving through a neighborhood, **slow down**. Anticipate the unexpected. Just a little bit of caution might avoid a disaster that could forever change your life, and the life of a child and his or her family.

### Stay Connected Town Meetings Now Available Online

Don't miss out on the latest community news, events and projects! Our Town meetings are now available for viewing at [FH Community Video](#), and check us out on [Forest Heights Facebook](#). May we have your email address? The Town is continuing to develop its residential Email list to inform residents of activities, events, and news in and around the Town. Please contact Town Hall 301-839-1030, with your name and email address or send it to: [shawkins@forestheightsmd.gov](mailto:shawkins@forestheightsmd.gov)

\*\*\*\*\*EWCWSS\*\*\*\*

Local Forest Heights  
Post Customer

PRSWRT STD  
ECRWSS  
U.S. POSTAGE  
PAID

## Town Community News (continued)

### “Day of Service in Maryland”

**FOREST HEIGHTS IS CONDUCTING A  
FOOD DRIVE!**

**WE WILL STUFF A CAR WITH FOOD, ON  
SATURDAY JUNE 18, 2016**

**EASTOVER SHOPPING CENTER**

**Please come Help us Help Someone!**

**fruit &  
vegetable**

Choose group or dry fruits and vegetables in an array of colors to ensure consumption of a variety of vitamins and minerals.

canned vegetables

vegetable juice

tomato sauce

spaghetti sauce

canned fruit (in its own juice)

fruit juice (100%)

shelf-stable fruit cups

**milk group**

choose shelf-stable low-fat dairy products fortified with vitamin D dry milk

boxed shelf-stable milk



**protein group**

choose shelf-stable lean meats as a good source of low-fat protein and canned or dry beans as a good source of fiber.

Tuna salmon

Chicken beans

Chili beef stew

peanut butter nuts (unsalted)



**grain group**

choose non-perishable whole grains as often as you can for maximum nutritional value.

hot cereals

whole grain crackers

whole wheat pasta

low sugar/high fiber cereal

whole grain rice

**Mayor Jacqueline Goodall—ext. 1223**

[jacquelinegoodall@msn.com](mailto:jacquelinegoodall@msn.com)

**TOWN COUNCIL**

**Ward I**

**C. Lynn Smith-Barnes—ext. 1301**

[ward1handinhand@aol.com](mailto:ward1handinhand@aol.com)

**Robert Barnes —ext. 1303**

[RBarnes@forestheightsmd.gov](mailto:RBarnes@forestheightsmd.gov)

**Ward II**

**Jonathon Kennedy II— ext. 1304**

[jwkennedy2@yahoo.com](mailto:jwkennedy2@yahoo.com)

**Cynthia Mann— ext. 1305**

[CMann4@msn.com](mailto:CMann4@msn.com)

**Ward III**

**Habeeb-Ullah Muhammad— ext.1300**

[ward3muhammad@yahoo.com](mailto:ward3muhammad@yahoo.com)

**Brian McLaurin—ext 1302**

[brmrides@msn.com](mailto:brmrides@msn.com)

**ADMINISTRATIVE OFFICES**

**Vern Haeefe,**

**Town Administrator— ext. 1234**

[VHaeefe2010@gmail.com](mailto:VHaeefe2010@gmail.com)

**Bonita Anderson, Town Clerk—ext. 1233**

[BAnderson@forestheightsmd.gov](mailto:BAnderson@forestheightsmd.gov)

**Sherletta Hawkins,**

**Administrative Assistant—ext. 1229**

[SHawkins@forestheightsmd.gov](mailto:SHawkins@forestheightsmd.gov)

**Leittia Vaughn, Town Treasurer-ext. 1235**

[LVaughn@forestheightsmd.gov](mailto:LVaughn@forestheightsmd.gov)

**Town Planner—ext.1232**

[LRobinson@forestheightsmd.gov](mailto:LRobinson@forestheightsmd.gov)

**POLICE DEPARTMENT**

**(301) 839-4040**

**Chief of Police Stewart Russell—ext. 1224**

[srussell@forestheightsmd.gov](mailto:srussell@forestheightsmd.gov)

**Latessa Crawford, Police Clerk—ext. 1225**

[lcrawford@forestheightsmd.gov](mailto:lcrawford@forestheightsmd.gov)

**CODE ENFORCEMENT OFC**

[Rsmith@foresetheightsmd.gov](mailto:Rsmith@foresetheightsmd.gov)

**Eastover District IV Police**

**(301) 749-4900**

### **Forest Heights Notary**

**9 am - 4 pm Monday - Friday**

**Notary is \$2 per document**

**ADMINISTRATIVE OFFICES**

**Phone (301) 839-1030 Fax (301) 839-9236**

**8:30a.m.—5:00 p.m.**

**[www.forestheightsmd.gov](http://www.forestheightsmd.gov)**