



Message from the Mayor's Office



COMMUNITY SPOTLIGHT: Mr. Clifton Atkinson

The Community Spotlight series is a monthly column where the Town of Forest Heights recognizes an individual who has accomplished great work and/or has made a significant impact in the community. To nominate a person, please email suggestions to shawkins@forestheightsmd.gov or call 301-839-1030.

Mr. Atkinson has lived on Seneca Drive for thirty-five years. When asked to describe him, Town folks will say, "he's a well-spirited man, always kind to his neighbors and Town". In his words "I like to spread kindness throughout our Town". Cliff will tell you, when I first moved to Forest Heights, I met then Mayor Adams and Bill Clarke. They encouraged me to run for Town Council but I declined for many years. Don't get me wrong, I was still involved, any time the Town Council reached out to me, I always had the same answer, when and where can I help?

Then former Mayor Paula Noble appointed me to a one year term on the Town Council. When that term ended I ran and won. I served a total of five years on the Town Council.

Forest Heights is a great place to raise a family. My two daughters grew up in the Town and attended Potomac and Oxon Hill High School.

We have a developing police force, it's been my experience, as they patrol our Town and as they pass you, they'll wave and say hello.

Something that may be a surprise to people is you put your hands on me "there's going to be a problem" (picture on the right) as he smiles. Another thing is I have skills and I said do you mean besides cooking? you're always behind a grill. Forest Heights Day, National Nights Out and the dinner that was for you the Volunteer Appreciation Dinner. I like cooking but I have real skills. Come into my house and you'll see awards hanging on my walls. The most important thing about me is when you ask me to do something, it will get done, and I keep my word.

Over the years, there are a few people that have inspired me: Mayor Muhammad, Mr. Bill Clarke and Mrs. Sherletta Hawkins Beanie Bean as he call her, to name a few.

I'm not sure where Forest Height will be in five year but there's one things I know, "You Can Count on Me"



**Mayor/Council Workshop Meeting,
Monday November 6, 2017 at 7:30 p.m.
Mayor/Council Meeting,
Wednesday November 15, 2017 at 8:00 p.m.
Neighborhood Watch Meeting at 7:00 p.m.**

Community Spotlight	1
Community New from Police Department	2
Community News	3

Police Department

Pablo Mitchell, *Chief of Police*

Latessa Crawford, *Police Clerk*

(301) 839-4040 (301) 839-1122 fax

(Non-Emergency) (301) 352-1200

Eastover District IV Police

(301) 749-4900

Code Enforcement

Rick Smith

Joseph Hawkins

301-839-4040 ext. 1228

codeenforcement@forestheightsmd.gov

Public Works Director

Larry Vaughn,

301 839-1030 ext. 1231

Forest Heights Municipal Building

Located behind McDonalds

5508 Arapahoe Drive

Forest Heights MD, 20745



FOREST HEIGHTS POLICE DEPARTMENT

**HELP PREVENT CRIME,
ESPECIALLY DURING THE DAY
TIME AND LATE AT NIGHT!**

See something odd? Not quite right? Seems out of the norm? Gives you pause?

This is when you should call the Police!!

For all emergencies 911

Police non-emergency 301-352-1200

FHPD OFFICE: 301-839-4040

**We report all suspicious activities to our
Law Enforcement Agency.**



Neighborhood Watch

ATTENTION ALL FOREST HEIGHTS RESIDENTS

This is an invitation from "The Friends of Forest Heights"

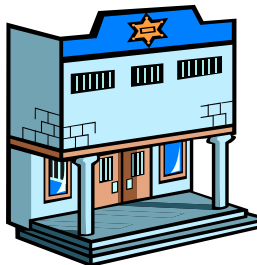
Help us keep a lid on crime in our community in 2017. Become apart of the Neighborhood Watch.

Meeting Third Wednesday of each Month

Next Meeting November 15, 2017 *** 7:00 p.m. to 8:00 p.m.**

Forest Heights Police Department October 2017 All Calls For Service

ASSIST CITIZEN	1	THEFT (FROM AUTO)	1
ASSIST MOTORIST	2	TRAFFIC ACCIDENT	5
ASSIST OTHER UNIT (Traffic)	1	Total Calls Handled:	53
ASSIST OUTSIDE AGENCY	14		
BURGLAR ALARM (Residential)	2		
CHECK ON THE WELFARE	6		
CUSTOMER DISPUTE	1		
DISORDERLY SUBJECT(S)	3		
DISPUTE BETWEEN PERSON	1		
DOMESTIC DISPUTE	3		
ESCORT	1		
HOLD-UP ALARM	2		
RESIDENTIAL SECURITY CHECK	2		
SUSPICIOUS SUBJECT(S)	6		
SUSPICIOUS VEHICLE	1		
SUSPICIOUS VEHICLE (Occupied)	1		



POLICE STATION

5508 ARAPAHOE DRIVE

This Station is Opened to the Public

Monday through Friday

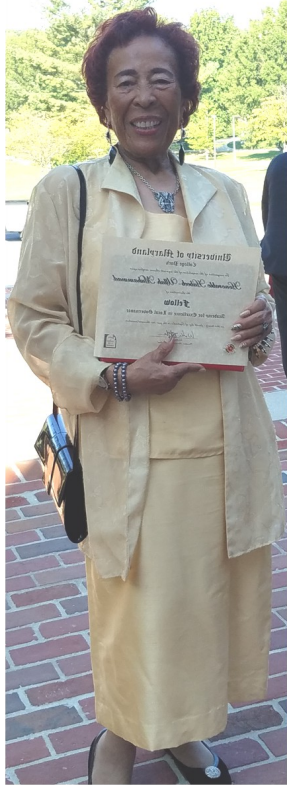
8:30 a.m. to 5:00 p.m.

Town Hall Station 301-839-4040

(Emergency) 911

(Non-Emergency) (301) 352-1200

Town Community News



This plus-Year-Old Woman and Mayor of Forest Heights is proving that it's never too late to achieve your dreams and is hoping to inspire others to "learn as long as you can". Mayor Muhammad just graduated from the Academy for Excellence in Local Governance Program at the University of Maryland. "I couldn't see myself just sitting there watching Netflix all the time," It feels good to graduate, to finish that part of my life, but I feel like I'm still on the road. I have more to learn. Mayor Muhammad also has a degree from Howard University As for others who may feel intimidated about going back to school, she offered this advice: "Don't be afraid of it."



Forest Heights Halloween/Harvest Day Celebration

We would like to give a big thanks you to Councilman Jonathan Kennedy II; Mayor Muhammad, Calvin Washington, Mrs. Darlene Kuny and all of the volunteers that were in involved. We appreciate events such as the Haunted House because they provide a safe place for children in the area to celebrate Halloween.

We would like to thank the Forest Heights-Oxon Hill CDC for sponsoring the Harvest Day Festival that was held Oct. 28 in front of Saint Mark A.M.E. Church. We were very pleased that so many community members came out, and we enjoyed seeing the children – and adults!. Special thanks to Former Councilwoman Cynthia Mann and all of our volunteers for their involvement.



Town Community News (continued)

Committee welcomes you to Community Cards



Councilman Robert Barnes works to provide activities and service to our citizens. Please mark your calendar for the: **Community Cards FIRST and THIRD FRIDAY** of each month from **7:00 –11:00 p.m.** Here at the Town Hall, 5508 Arapahoe Drive, Forest Heights, MD 20745.
All are welcome. Come show your hand.

National Alzheimer's Disease Awareness Month.

Go Purple with a Purpose for Alzheimer's Disease Awareness and Caregivers Month. President Ronald Reagan designated November as National Alzheimer's Disease Awareness Month in 1983. At that time, fewer than 2 million Americans had Alzheimer's; today, the number of people with the disease has soared to nearly 5.4 million. Get involved this month, and help raise awareness for Alzheimer's disease.

STREET LIGHTS IN FOREST HEIGHTS

PEPCO is responsible for street light repairs and outage. For quicker response, residents are encouraged to report outages by visiting (www.pepco.com). Click on the option **CONNECT WITH US: REPORT A STREET LIGHT OUTAGE**, and be sure to have the nearest address and pole number of the light that is out also include an email address. Contact the Town Office if you need help 301-839-1030.



Are you doing all you can with your Health?

Seniors Exercise Classes
Monday and Wednesday,
Class Begins at 12:00 noon



Want to be a part of the action!!

World Kindness Day on November 13th, 2017

Come help your Community in



Forest Heights, just a small act of kindness can make a difference.

THANK YOU!



How do you spread kindness?

What are your ideas for random acts of kindness and will you be doing the Acts of Kindness challenge?

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."



The Forest Heights Healthy Heights Awareness Class

Presents a one hour

Self Defense Class

Monday, November 13, 2017

1:00 p.m.-2:00 p.m.

Forest Heights Municipal Building

5508 Arapahoe Drive

Forest Heights, MD 20745

Town Community News (continued)

Save the Date:

Thursday, December 7, 2017

Forest Heights Senior Holiday Luncheon 2:00-4:00 p.m.

Please RSVP by November 23, 2017 ** 301-839-1030 Seating Limited

Forest Heights Resident Only



FOREST HEIGHTS FALL CLEANUP/GREEN UP GREAT SUCCESS

Sherletta Hawkins "Bean" coordinates the Cleanup/Green up and Shredding event each year at the Town municipal building. Forest Heights youth, residents and volunteers collected 40 bags of trash, 5 Recycle Bags, 1 Car Tire, 1 Metal Pole, 1 Shopping Cart, 1 Men's Boot, 1 Light; discarded items included plastic bags, Styrofoam wraps and decades-old soda bottles from the Livingston Road and 210 Hwy. We plant 8 trees, 30 flower bulbs around the Town.

"I am so proud of the work of our volunteers," said Forest Heights Mayor Muhammad. "For the number of young people and adult helpers that we had, we accomplished a lot."

Forest Heights hosts a stream cleanup every spring and fall, and enlists help from hundreds of young volunteers. Students receive community service hours for their work. Not only do we pickup, the town provided



dumpsters to residents as a way to promote proper trash cleanup for one week.

"There's still so much more to do in terms of getting Oxon Run cleaned up," It takes a community to remember that litter hits close to home.

Special thanks to Aaron Jackson, Church of Jesus Christ of Latter-day Saints, Forest Heights Dancing Warriorettes, Mayor Muhammad, Councilwoman Hines; Councilwoman Brownson, our Public Works Crew all our vol-

unteers and the Prince George's County Park and Planning for their support and donations. *Please forgive me if I forgot anyone.*



Town Community News (continued)



TEAMBUILDERS
ACADEMY

TeamBuilders Academy SPRING 2018 Recruitment



TeamBuilders Academy is a Prince George's Community College Flagship Workforce Development Program offering training in various trades.

Eligibility Requirements:

- Unemployed
- P.G. County Resident
- 18 years of age or older
- High School Graduate or GED recipient
- Driver's License

Recruitment Session

Date: Monday, November 6, 2017

Time: 10 a.m. SHARP (all day session up to 3pm)

Location: Westphalia Training Center
9109 Westphalia Road
Upper Marlboro, MD 20774

What to Bring

Valid Driver's License
High School Diploma/GED or College Transcript
Proof of Residency (Utility Bill, Lease, Vehicle Reg.)
Birth Certificate and Social Security Card
DD214 (Veteran's Only)

TO ALL PARTICIPATING ORGANIZATIONS AND PARTNERS, PLEASE:

- COLLECT THE NAMES OF MEMBERS INTERESTED IN ATTENDING THIS SESSION
- FORWARD THE NAMES AND CONTACT INFORMATION TO DEADWYJT@PGCC.EDU
ATTENTION JOHN DEADWYLER OR ANDREA.MCLAURIN@PGCC.EDU



A reading and math assessment is required. Please log onto the link below to prepare; use practice sample test A-D

<https://www.casas.org/product-overviews/curriculum-management-instruction/sample-test-items/math>

"I'm Stronger than the Flu."

Protect you and your child by visiting one of Prince George's County's **Flu Vaccination Clinics**.

The Prince George's County Health Department offers **Flu Shots** to County residents ages 6 months and older.

Flu clinics begin every Fall at the start of Flu season. Visit one of our flu clinics and be stronger than the Flu!

The goal of the Health Department is to plan for and prepare residents and visitors to properly respond to an influenza outbreak. Working in partnership, it is also the responsibility of each individual to ensure their preparedness, and the preparedness of family members until additional help is available.

Prince George's County Health Department

Clinical Services at Cheverly Health Center

3003 Hospital Drive, Suite 2083
Cheverly, Maryland 20785
Phone: 301-583-3300
Hours: Monday - Friday 9:00 a.m. - 3:00 p.m., except holidays

Clinical Services at D. Leonard Dyer Regional Health Center

9314 Piscataway Road
Clinton, Maryland 20735
Phone: 301-856-9508
Hours: Every Wednesday, 9:00 a.m. to 3:00 p.m., except holidays



Town Community News (continued)

FOREST HEIGHTS POLICE DEPARTMENT IN PARTNERSHIP WITH FOREST HEIGHTS-OXON HILL CDC TOY DRIVE

Starting November 1 – December 17, 2017



**PLEASE DROP OFF ALL NEW TOY DONATIONS AT
5508 ARAPAHOE DRIVE
FOREST HEIGHTS, MD 20745**

DAYLIGHT SAVING TIME

November 6, 2017, Daylight saving time ends at 2 a.m. which means clocks fall back one hour. It's advisable for all residents to check/change the batteries in the smoke detectors when they change their clocks.

NOVEMBER 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Bulk Trash 3 Items of Less	3	4
5 DAYLIGHT SAVING TIME ENDS	6 MAYOR/COUNCIL TOWN MEETING 7:30pm Senior Exercise Classes 12-1:00pm Trash, Yard Waste and Recycling	7 General Election/ Special Election	8 Senior Exercise Classes 12-1:00p.m.	9 Bulk Trash 3 Items of Less	10 TOWN HALL CLOSED VETERANS DAY	11 Dance Class 8-18yrs 9-12 Noon
12	13 Trash, Yard Waste and Recycling Senior Exercise Classes 12-1:00pm Forest Heights Seminar on Self Defense 1-2:00p.m. World Kindness Day	14 WORLD DIABETES DAY	15 Senior Exercise Classes 12-1p.m. MAYOR/COUNCIL TOWN MEETING 8:00p.m. Neighborhood Watch Meeting 7-8:00pm	16 Bulk Trash 3 Items of Less	17 Community Card Game 7-11:00pm GREAT AMERICAN SMOKE OUT DAY	18 Dance Class 8-18yrs 9-12 Noon
19	20 Senior Exercise Classes 12-1:00pm Trash, Yard Waste and Recycling	21	22 Senior Exercise Classes 12-1:00p.m.	23 Thanksgiving Day TOWN HALL CLOSED	24 BLACK FRI-DAY	25 Dance Class 8-18yrs 9-12 Noon
26	27	28	29	30		

*****EWCWSS****

Local Forest Heights
Post Customer

PRSWRT STD
ECRWSS
U.S. POSTAGE
PAID

Town Community News (continued)

Trash/Recycle Collection is to be Placed at the Curb the Night before Collection



PICK-UP DAYS BEGIN AT 6:30 a.m.

MONDAY—Recycle; Trash and Yard Waste

THURSDAY—Bulk

Call a head for METAL PICK-UP

Metal placed on the curb will be picked up by Public Works for a minimum of \$35.00 paid in advance.

Propane Tank Pick-ups are \$30 each

Remember to use paper bags (**not plastic bags**).

Remember to **RECYCLE**.

They don't call it "FALL" for nothing!

After admiring all the beauties of nature: the varieties of mums, the pumpkins popping up everywhere and the gorgeous changing trees, it's time to consider what to do about those falling leaves. Leaf accumulation on the ground will kill the grass you worked so hard to maintain all year. Furthermore, it will set up conditions leading to erosion, grading and drainage problems. Aside from leaf mold and other allergies, dry leaves are a fire hazard contributing to the rapid spread of fires, especially in a residential area. Leaves accumulating in gutters and downspouts can clog essential drainage which can result in wet basements and generally dampening the holiday spirit.



Please, for your safety, comfort and good health:

Take care to remove your leaves in a timely fashion.

Schedule for leaf pickup by the Public Works Dept.:

November 16 - Ward I including Arapahoe Terrace, Summer and Terrell

November 29 - Ward II and Ward III

Pickup from curb area only from 7:30a.m. - 3:00 p.m.

Remember 24 hours before

ADMINISTRATIVE OFFICES

Phone (301) 839-1030 Fax (301) 839-9236
8:30a.m.—5:00 p.m.
www.forestheightsmd.gov

Mayor Habib-Ullah Muhammad—ext. 1223
Hmuhammad@forestheightsmd.gov

TOWN COUNCIL

Ward I

C. Lynn Smith-Barnes

csmithbarnes@forestheightsmd.gov

Robert Barnes

rbarnes@forestheightsmd.gov

Ward II

Jonathon Kennedy II

jkennedy2@forestheightsmd.gov

Theresa Brownson

Tbrownson@forestheightsmd.gov

Ward III

Taunya Hines

Thines@forestheightsmd.gov

Brian McLaurin

bmclaurin@forestheightsmd.gov

ADMINISTRATIVE OFFICES

Sherletta Hawkins, Town Clerk—ext. 1233

Administrative Assistant—ext. 1229

shawkins@forestheightsmd.gov

Leittia Vaughn, Town Treasurer—ext. 1235

lvaughn@forestheightsmd.gov

Veronica Owens, Grant Writer—ext.1232

VOwens@forestheightsmd.gov

Larry Vaughn,

Public Work Director—ext 1231

LDVaughn@forestheightsmd.gov

POLICE DEPARTMENT

(301) 839-4040

Chief of Police Pablo Mitchell—ext. 1224

pmitchell@forestheightsmd.gov

Latessa Crawford, Police Clerk—ext. 1225

lcrawford@forestheightsmd.gov

CODE ENFORCEMENT OFC

Rick Smith—ext. 1228

Joseph Hawkins—ext.1228

codeenforcement@forestheightsmd.gov

Non-Emergency (301) 749-4900

EMERGENCY DIAL 911

www.forestheightsmd.gov