



COMMUNITY SPOTLIGHT

COMMUNITY SPOTLIGHT: Mrs. Habeeb-Ullah Muhammad



The Community Spotlight series is a monthly column where the Town of Forest Heights recognizes an individual who has accomplished great work and/or has made a significant impact in the community. To nominate a person, please email suggestions to liu.y.mimi@gmail.com or call 301-839-1030.

Mrs. Habeeb-Ullah Muhammad is definitely no stranger to the residents and officials in the Town of Forest Heights, both young and old.

With her colorful clothes and personality, Mrs. Muhammad has devoted years of volunteer work and service to the Town of Forest Heights under five mayoral administrations — Paula Noble, Joyce Beck, Larry Stoner, Andrea McCutcheon and currently Jacqueline Goodall. She has volunteered on multiple committees for Forest Heights Day over the years, served as chair of the Forest Heights Neighborhood Watch Committee, and even assisted staff in the town's administrative offices.

"The Neighborhood Watch is my pet organization, I guess mainly because my house was broken into [about 2-3 years ago]," she said. "You feel empty, you feel devastated when someone breaks into your home. A lot of people don't realize that unless they've been through it. I just feel we need more security. I am especially concerned about the security of the senior citizens because we have a lot of senior citizens in this town."

All of Mrs. Muhammad's children and grandchildren attended Forest Heights Elementary or Flintstone Elementary. Many of the young children who live in the Forest Heights area, most of whom are friends with her grandchildren, even call her "Grandmama."

"I love that they call me that," she said. "[The children] are my heart; in fact this town is my heart and soul."

Originally from Charleston, S.C., Mrs. Muhammad attended dental school at Howard University, and later worked as a dental assistant at Andrews Air Force Base (now called Joint Base Andrews). She moved to Detroit with her former husband for some time before returning to the metropolitan-D.C. area.

She later went on to work for the U.S. Department of Commerce's National Oceanic and Atmospheric Administration. She was supervisor of the Plate Room in the Nautical and Aeronautical division of the NOAA, which printed maps and charts, and became the first female African American to serve in a supervisory role in that division. She retired in September 1998.

When she is not volunteering, Mrs. Muhammad stays engaged in town issues by attending Monthly Council Meetings and Workshops and Neighborhood Watch meetings. She also encourages her family and friends to attend town functions, often times sending them friendly reminders or offering to drive them to events.

"I've been active in the town for years," she said. "I am not going to stop. Nothing is going to stop me."

"We could make this town top-notch if we could come together as family and as citizens," she added. "We could make this town a model town."

What's Going on Around Town?

Jan. 3 Eastover/ Forest Heights/ Glassmanor 6-9 p.m.

Jan. 3 Bingo 10-1:00 p.m.

Jan. 5, Performance by The Crystals Harmony Hall Regional Center at 8 p.m.

Jan. 7. Mayor/ Council Workshop 7:30 p.m.

Jan. 7-9 Prince George's County Senior Idol Auditions (various locations) www.pgprks.com

Jan. 16 Mayor/ Council Meeting 8:00 p.m.

Jan. 20, I Am the American Flag presentation Harmony Hall Regional Center 1-2 p.m.

Jan. 21, 2013 Presidential Inauguration 2013 US Capitol (West Front)

Jan. 26, Missoula Children's Theatre's Blackbeard the Pirate Harmony Hall Regional Center showing at 11 a.m. and 1 p.m.

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Police Department

Stewart Russell, *Chief of Police*

Latessa Crawford, *Police Clerk*

(301) 839-4040 (301) 839-1122 fax

(Non-Emergency) (301) 352-1200

Eastover District IV Police

(301) 749-4900

Code Enforcement

Kevin Miller 301-839-4040 ext. 228

Public Works

Stanley Mosley,

Public Works Supervisor

301 839-1030 ext. 231

Forest Heights Municipal Building

Located behind McDonalds

5508 Arapahoe Drive

Forest Heights MD, 20745

www.forestheightsmd.gov

FOREST HEIGHTS POLICE DEPARTMENT



As we come to the end of 2012 let us continue to move forward positively with the police department and the community working cooperatively to improve the quality of life for our residents and those who travel through and visit. Again some of the programs will move forward such as the neighborhood watch, security cameras, reserve officer program to name a few. I urge all members of the community to get involved and look out for one another. I would also like to express my sincere appreciation to Mr. Calvin Washington, our security coordinator and, Councilman Jonathen Kennedy II for coordinating the successful Toys for Tots program hosted by FHPD. Thanks to the generosity of those who contributed toys or their time, we were able to make several children in town very happy. Finally, I want to thank those members of the town who chose to speak out against crime in their neighborhoods by notifying the police when they witnessed suspicious activity. Due to their efforts the FHPD was able to apprehend a suspect in a breaking and entering while he was still inside the residence.

From the Office of the Chief of Police: Stewart Russell

The following reported crimes occurred in Forest Heights during the month of December 2012

Breaking and Entering (4)

100 Blk Onondaga Dr. 12/3/12

Unit Blk Tecumseh Dr. 12/10/12

100 Blk Onondaga Dr. 12/14/12

200 Blk Seneca Dr. 12/17/12-Suspect Apprehended

Strong Armed Robbery

Comanche at Ottawa 12/20/12

Forest Heights Police Department as of 29 December 2012 All Calls For Service

911 HANG UP 2
911 HANG UP (PAY PHONE) 1
ASSIST CITIZEN 2
ASSIST MOTORIST 1
ASSIST OTHER UNIT (INCIDENT) 3
ASSIST OTHER UNIT (TRAFFIC) 9
ASSIST OUTSIDE AGENCY 9
B & E (RESIDENTIAL) 5
B & E IN PROGRESS 1
BURGLAR ALARM (RESIDENTIAL) 10
CUSTOMER DISPUTE 5
DISORDERLY SUBJECT(S) 7
DOMESTIC DISPUTE 6
HARASSMENT COMPLAINT 1

INVESTIGATION 3
LANDLORD/TENANT DISPUTE 2
MISSING PERSON 2
NEIGHBOR DISPUTE 1
NOTIFICATION 1
PANHANDLER 1
RECOVERED PROPERTY 1
ROBBERY (CITIZEN) 1
STOLEN AUTO (RECOVERED) 1
SUSPICIOUS SUBJECT(S) 15
SUSPICIOUS SUBJECT(S) (CDS) 1
SUSPICIOUS VEHICLE 6
SUSPICIOUS VEHICLE (OCCUPIED) 1
THEFT (FROM AUTO) 3

THEFT (IDENTITY) 1
TRAFFIC ACCIDENT 5
TRAFFIC ACCIDENT (HIT & RUN) 1
TRAFFIC ACCIDENT (INJURIES) 1
TRAFFIC COMPLAINT 1
UNKNOWN TROUBLE 3
Total Calls Handled: 113



The Neighborhood Watch: Make a Difference

When: Thursday January 3, 2013

Where: 5508 Arapahoe Drive

Time: 7:00-8:00 pm



POLICE STATION

5508 ARAPAHOE DRIVE

**This Station is Opened to
the Public**

Monday through Friday

8:30 a.m. to 5:00 p.m.

Town Community Elections News

Town Elections for the Mayor & Councilperson in Wards, I, II & III to be held Wednesday, March 13th, 2013



In accordance with Section 33-31 of the Forest Heights Town Charter persons may be nominated for elective office in the Town by filing a certificate of nomination together with a statement of the particular office to which he aspires, with the Town Clerk on or before the first Wednesday in February preceding the Town election. Such certificate shall state (1) the office for which the person is seeking, (2) the name and signature of the candidate, (3) the ward in which the person resides, (4) a statement the he meets the qualifications for the office as contained in this charter. No person shall file for nomination to more than one elective Town public office or hold more than one elective Town public office at any one time. The Town Board of Elections shall review each certificate of nomination and shall certify that the candidate meets the qualifications contained in this Charter. Any certificate of a candidate, that the Board's judgment does not meet the stated qualifications, shall be returned to the candidate with the reasons for the return stated thereon.

Certificate of Nominations may be obtained from the Municipal Building.

Qualifications Mayor & Councilmen qualifications for office can be found in the Town Charter (Councilmen) Section 33-4. Qualifications. & (Mayor) Section 33-16. Qualifications.

If you have recently moved into Forest Heights from somewhere else in Prince George County or moved from one Ward to another Ward you must provide the County Board of Elections Supervisor with your new address or if you have never registered to vote in Prince George County, a voter registration application must be submitted to your local board of elections or the State Board of Elections at any time. However, applications must be postmarked by January 22, 2013, to vote in the Town Election.

Registration applications may be obtained from the Municipal Building in Forest Heights. For any additional information regarding election registration, please contact the Town Clerk or the Prince George County Board of Elections at (301) 430-8020.

Absentee Voters may make an application in writing for an absentee ballot. The application must be received no later than 7 days before the election. The application shall contain an affidavit, which need not be under oath, but which shall set forth the information required. Please contact the Town Clerk of Forest Heights for additional information.

**DEADLINE FOR CERTIFICATE OF NOMINATION
Wednesday, February 6, 2013 at 4:30 PM**

ALL CERTIFICATE OF NOMINATIONS ARE TO BE FILED WITH THE TOWN CLERK (ONLY)

Taking a phrase from President John F. Kennedy's inauguration speech "Ask not what your country can do for you, but what can you do for your country" and inserting the words 'Town of Forest Heights'. We may all participate in our town government, by serving as elected officials, participating in decision making, by serving on committees and boards, attending town meetings and most importantly by voting on Election Day. Let all of the citizens' work together to make Forest Heights a Town we are proud to live in.

Community Update from the Mayor's Office

Forest Heights Awarded Bronze Medal For Efforts to Reduce Childhood Obesity

The National League of Cities (NLC) awarded a bronze medal to the Town of Forest Heights and Mayor Goodall for completion of key health and wellness goals for *Let's Move!* Cities, Towns and Counties (LMCTC). The LMCTC supports local elected officials who are working to build healthier communities, and is a major component of First Lady Michelle Obama's *Let's Move!* initiative, which aims to combat the childhood obesity epidemic within a generation. More than 160 cities, towns and counties are participating in LMCTC.

This year, the Town of Forest Heights was awarded the Bronze Medal in Goal 1 in recognition of having an active interagency collaboration on early care and education programs. Forest Heights was acknowledged for launching its first all-day Youth Sports Festival at Bell Acres Neighborhood Park in late May. Kids from Forest Heights and surrounding areas were encouraged to participate in a variety of outdoor sports and activities such as basketball, soccer, football, badminton and relay races, and enjoyed healthy snacks.

Special thanks goes out to Forest Heights resident and program coordinator Mrs. Charmaine Turner, who came up with the idea for the Youth Sports Festival. She collaborated with town officials to work toward the "Let's Move!" benchmarks. Mrs. Turner is also working to establish physical activities and programs for our senior residents. For information, visit www.healthycommunitieshealthyfuture.org.

Community Members Offer Feedback on New Sector Plan

The Town of Forest Heights co-hosted a public workshop with the Maryland-National Capital Park and Planning Commission (M-NCPPC) Dec. 13 at the town administration building to gather ideas from community members on a new sector plan for the Forest Heights-Glassmanor-Eastover area. Approximately 50 residents from the Town of Forest Heights and surrounding communities attended the workshop, which included presentations from project consultants Parker Rodriguez Inc., Green Door Advisors, Kittleson & Associates Inc., Mosaic Urban, Cooper Carry and Loiederman Soltesz Associates. District 8 County Councilman Obie Patterson also attended and spoke at the workshop.

The sector plan area is roughly comprised of Southern Avenue and the District of Columbia at the northwest boundary; Owens and Livingston roads at the northeast boundary; Interstate 495 (Capital Beltway) at the southeast boundary; and the Town of Forest Heights at the southwest boundary. The sector plan will contain policies, objectives and recommendations that will guide future growth and development along the MD 210 (Indian Head Highway) corridor and sector plan area, and address short- and long-term strategies for environmental sustainability, transportation improvements, urban design and economic competitiveness. All local business owners are invited to attend an Economic Development Forum Jan. 3 at 6 p.m. at the town administration building. For information, contact planner coordinator Mrs. Karen Buxbaum at 301-952-4363 or email Karen.Buxbaum@ppd.mncppc.org.

School System Proposes School Boundary, Program Changes for 2013-2014

Officials from Prince George's County Public Schools hosted three public forums in December on proposed school boundary and program changes for the 2013-14 academic year. One of the major proposed changes that affect current and future residents in Town of Forest Heights is the realignment of Oxon Hill High School boundaries. A new facility is being constructed for Oxon Hill High, which will open in August 2013. Current enrollment at the school exceeds 1,600 students, but the Maryland Public School Construction Program approved funding to construct a building with a capacity for only 1,200 students due to the availability of open seats in adjacent schools. The school system is proposing a few options to alleviate the overcrowding at Oxon Hill High, which could include reassigning the portion of the attendance area north of the Beltway to Potomac High to allow for housing of 9th and/or 10th graders, or realigning the boundaries for Crossland, Friendly and Potomac high schools to balance enrollments in the area. Students in the Science & Technology Program at Oxon Hill High will not be affected by the changes, according to the school system.

Other proposed changes include moving 6th grade to middle school; relocating Deaf & Hard of Hearing programs to a PreK-8 school; and alignment of the elementary and secondary boundaries of Accokeek Academy. The school system has tentatively scheduled a set of public hearings for Jan. 22 through 24. Visit www.pgcps.org for updates. Parents can also submit feedback on the proposed changes by calling 301-952-6300 or emailing pasb.boundaries@pgcps.org.

Town Community News (continued)

Eastover / Forest Heights / Glassmanor Sector Plan Development Potential Roundtable

Dear Community Member,

The Maryland Capital Park and Planning Commission and Prince George's County Planning Department would like to inform you of a sector plan that is currently being developed for the Forest Heights and Glassmanor Neighborhoods.

We have identified you as an important stakeholder and would like to invite you to attend a Development Potential Roundtable discussion. The purpose of this discussion is to:

- Notify you about the plan and upcoming process
- Understand local needs and concerns
- Discuss regional and site-specific redevelopment opportunities
- Have an open conversation to hear your thoughts and ideas in a constructive environment

This notice has been sent to a select group of land owners, property managers, brokers, business owners, public officials, and other targeted area stakeholders.

For additional information please call Karen Buxbaum at 301.952.4363.

We look forward to meeting you at the Development Potential Roundtable!

What: Roundtable Discussions to Understand
Redevelopment Opportunities for the Eastover /
Forest Heights / Glassmanor Sector Plan

Date: Thursday, January 3rd

Time: 6:00-9:00pm

Location: Forest Heights Town Hall
5508 Arapahoe Drive
Forest Heights, MD 20745

Invitees: All landowners, property managers, business
owners between 4700 and 5600 Indian Head
Highway and 5400 and 5700 Livingston Road,
in addition to other selected attendees.



The Maryland-National Capital Park and Planning Commission



Ward 1 Residents!

Council President L. Smith-Barnes and Councilman Barnes will sponsor an open forum every 1st Saturday of the month, from 9AM-11AM, same time, as long as there is an interest. This forum is specifically for Ward 1 residents, but all Wards are welcome.

Come out and get acquainted with your Council members, ask questions, make suggestions, or to just complain if you like. We will attempt to answer your questions, and if we don't have an answer, we'll find out. Come out, meet your neighbors, and find out how your Government works.

We would like to express our deepest sympathy for your loss, Mrs. Doris Stephens for the lost of your brother, Charles Ross, Jr. on Monday, November 26, 2012. You have Our Deepest Sympathy.

Senior Community New

Forest Heights Helps to Spread Warmth, Cheer This Holiday Season

Senior Holiday Dinner

The Town of Forest Heights hosted a Holiday Dinner for its senior residents Dec. 20 at the Town Administration building. We had a fantastic turnout with about 40 people in attendance. Mayor Jacqueline Goodall and Police Chief Stewart Russell issued several remarks at the dinner. We also had the pleasure



of brining in two representatives from county agencies: Lina Stallings from the Prince George's County Sheriff's Department gave a presentation on public safety tips for the holiday season; and James Bright, president of the Oxon Hill Volunteer Fire Department, provided fire safety tips and complimentary smoke/carbon monoxide detectors will be provided to those seniors that signed up. Several residents received free cell phones through the Sheriff's Department Cell Phone Program, which can be used to dial 911 during emergencies. Each senior also received a special take-home gift.



The Weatherization Assistance Program (WAP) operated by the Maryland Department of Housing and Community Development. Free Programs and Single Family Special Loans. Two more Forest Heights residents took advantage of the Free Home Weatherization Program

The were awarded this service through a Collaboration Grant from MEA. Mayor Goodall is continuously seeking ways to assist residents with weatherization and ask that residents take advantage of these grants. Call Councilperson Reifsneider if you are interested in our ongoing program for weatherization.

**Call Councilmember Reifsneider
for appointment 301-839-1146**



60+ Plus Committee welcome you to Senior Bingo and Community Cards

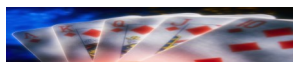


Councilman Robert Barnes & Councilwoman Anne Reifsneider work to provide activities and service to our citizens. Please mark your calendar for the:

**Senior Bingo FIRST THURSDAY of each
Month from 10:00 a.m.-1:30 p.m.**

**Community Cards FIRST and THIRD SAT-
URDAY of each month from 1:00 -3:00 p.m.**

For information on any of these programs, or to get involved, contact Councilman Barnes at **301-839-1030 ext. 303** anytime day or night, and leave a message.



The Weatherization Assistance Program

Are you having difficulty paying your energy bills?

Does your home need energy efficiency retrofits?

According the US Dept. of Energy, "checking a home's insulation is one of the fastest and most cost effective ways to use a whole-house approach to reduce energy waste and make the most of your energy dollars."

The Collaboration of Towns is once again offering low to moderate income household's renovation, rehabilitation in conjunction with weatherization. Homeowner must meet income criteria and be willing to provide documentation that income is **BELOW** the following:

Income Table Household

(Veterans and/or Retired Homeowners will be given preference)

1 person: income below \$36,000	\$0 cost	\$36,000-\$64,000	10%
2 people: income under \$51,600	\$0 cost	\$51,600-\$73,100	10%
3 people: income under \$58,080	\$0 cost	\$58,080-\$82,300	10%
4 people: income under \$64,500	\$0 cost	\$64,500-\$91,400	10%
5 people: income under \$75,450	\$0 cost	\$75,450-\$98,700	10%
6 people: income under \$81,050	\$0 cost	\$81,050-\$106,000	10%

For all moderate income homeowners participating in this program (households with income limits that fall within 60% to 85% of State median income), MEA requests that all moderate income homeowners contribute at least 10% of the total project cost.

The following make the home ineligible for this opportunity:

- . Had an energy audit within the past 6 months;
 - . Aggressive dogs not being safely handled;
 - . Drug use;
 - . Threats to auditor;
 - . Home is sealed too tight resulting in the inability of fumes to escape through natural ventilation;
 - . Major roof issues;
 - . Major plumbing problems;
 - . Gas leak;
 - . Structurally inadequate;
 - . Rental property;
 - . Plaster ceiling (which needs a hatch cut to blow insulation into the attic).
- Please contact Bonita Anderson 301/839-1030 to request that your house is submitted for consideration for this opportunity.



Town Community News (continued)

Forest Heights Helps to Spread Warmth, Cheer This Holiday Season

Toys for Tots

Three days before Christmas, town officials helped Santa Claus and his elves distribute gifts to more than 20 eager children at the town administration building as part of this year's Toys for Tots Drive. Town officials hosted a party for this special occasion complete with holiday music, cookies and refreshments for the children. Santa Claus also took a brief hiatus from his worldwide trip to pose for photographs with the children of Forest Heights.



Thanks to all the residents and volunteers who helped to make this year's toy drive a great success. Special thanks goes out to the Forest Heights Police Department and Forest Heights Neighborhood Watch Committee, who organized the toy drive and holiday party.

TOWN OF FOREST HEIGHTS SNOW OPERATION PLAN STAGE 2: IMPLEMENTATION

When implementing the snow removal plan, the primary roads are to be cleared first. The primary roads are as follows:

East Side:		
Arapahoe Drive		Streets needing extra attention:
Quade Street		Shoshone
Ottawa Street		Woodland at Iroquois Way
Comanche Drive		Blackhawk Lane
Shawnee Drive		Police may need to close off these streets
West Side:		
Sachem Drive		
Cree Drive	North Huron Drive	
Woodland Drive	Talbert Drive	
Seneca Drive	Onondaga Drive/Tecumseh Drive	

ARTICLE 15.3.2(L)

L. Except as indicated by legally posted signs, it shall be unlawful to park on the side of any street opposite the street light poles during all snow storms. A now-created state of emergency shall be determined to be in existence during the time Prince George's County Snow Emergency Plans are in effect. Vehicles so parked may be impounded.

Encourage residents to put snow on easement and not street when cleaning off cars.

Snow will be stock piled at the following dead end locations:

Arapahoe Drive & Pitt Lane; upper end of Comanche Drive; Spokane Drive; end of Alden Way; Terrell Avenue at Park; end of Modoc Lane; Woodland Drive

DO NOT PARK IN THESE AREAS

East Side:		
From: Arapahoe Drive	From: Quade Street	
Modoc Lane	Arapahoe Terrace	
Alden Way	Terrell Avenue	
Miles Drive	Sumner Lane	
Pitt Lane		
From: Ottawa Street	From: Comanche Drive	
Spokane Drive	Shoshone Drive	
Sachem Drive	Choctaw Drive	
West Side:		
From: Sachem Drive	From: Tecumseh Drive	From: Woodland Drive
Delaware Drive	Sachem Drive	Mohican Drive
	Blackhawk Drive	Fox Way
	Blackhawk Lane	Iroquois Way
		Rolph Drive
		South Huron Drive

*****EWCWSS****

Local Forest Heights
Post Customer

PRSWRT STD
ECRWSS
U.S. POSTAGE
PAID

Town Community News (continued)

UP AND COMING EVENTS

Community Center Marketing (Feb 2013)
Personal Budget & Money Event (Feb 2013)
Financial Planning Event (Feb 2013)
Hand Dancing Competition (Feb 2013)



How to Not Get Sick with the Flu

Prevent the flu without becoming a hermit.

Wash, Rinse, Repeat

"The number one thing you can do to protect yourself from a cold or flu is to wash your hands thoroughly and frequently," says microbiologist Andrew Pekosz, Ph.D., of Johns Hopkins

University. Lather up with running water and soap (antibacterial soaps are no better than the regular stuff) and scrub your palms, between your fingers, and the backs of your hands for a minimum of 20 seconds. In a pinch, you can use hand sanitizer that's at least 60 percent alcohol, according to the Centers for Disease Control and Prevention.

New Year Resolution for 2013

Speak to people, there is nothing as nice as a cheerful word of greeting. Smile at people. It takes 72 muscles to frown, only 14 to smile. Call people by name. The sweetest music to anyone's ears is the sound of his/her name.

Be friendly and helpful. If you want friends, you must be one.

Be cordial. Speak and act as if everything you do is a you to you.

Be genuinely interested in people. You can like almost everybody if you try.

Be generous with praise and caution with criticism.

Be considerate with the feelings of others. There are usually three sides to a controversy.

Yours, the other fellow's and the rights side.

Be eager to lend a helping hand. Often it is appreciated more than you know.

What counts most in life is what we do for others.

Add to this a good sense of humor, a huge dose of patience and a dash of humility. This combination will open many doors and the rewards will be enormous.

THOUGHT—Many can rise to the occasion, but few know when to sit down.

ADMINISTRATIVE OFFICES

Phone (301) 839-1030 Fax (301) 839-9236
8:30a.m.—5:00 p.m.
www.forestheightsmd.gov

Mayor Jacqueline Goodall—ext.223
jacquelinegoodall@msn.com

TOWN COUNCIL

Ward I

C. Lynn Smith-Barnes—ext. 301
ward1handinhand@aol.com

Robert Barnes —ext. 303
RBarnes@forestheightsmd.gov

Ward II

Jonathon Kennedy II— ext. 304
jwkennedy2@yahoo.com

Anne Reifsneider— ext. 305
AREifsneider@forestheightsmd.gov

Ward III

William Clarke, Jr.— ext.300
WClarke@forestheightsmd.gov

Larry Stoner—ext 302
Imstoner@verizon.net

ADMINISTRATIVE OFFICES

Vern Haelele, Town Administrator— ext. 234
VHaelele2010@gmail.com

Bonita Anderson, Town Clerk—ext. 233
BAnderson@forestheightsmd.gov

Sherletta Hawkins, Office Assistant—ext. 232
SHawkins@forestheightsmd.gov

Leittia Vaughn, Town Treasurer—ext. 221
LVaughn@forestheightsmd.gov

Mimi Liu, Town Communications Specialist
liu.y.mimi@gmail.com

Tonya Miller, System/Web Administrator
TMiller@forestheightsmd.gov

COMMUNITY CALENDAR JANUARY 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 TOWN HALL CLOSED	2	3 Bingo 10-1:00 p.m. Eastover/Forest Heights/Glassmanor Sector Plan Roundtable 6:00-9:00 p.m.	4	5 Ward 1 Residents open forum 9:00- 11:00 a.m. Community Cards
6	7 Mayor/Council Workshop Meeting 7:30 p.m.	8 After-School Tutoring Program 2:00-5:00 p.m.	9	10 After-School Tutoring Program 2:00-5:00 p.m.	11 Last Day to Order Food Share	12
13	14	15 New Computer Class Start 11:00 a.m. & 2:30 p.m. After-School Tu- toring Program 2:00-5:00 p.m.	16 Mayor/ Council Meeting 8:00 p.m.	17 New Computer Class Start 11:00 a.m. & 2:30 p.m. After-School Tutoring Program 2:00-5:00 p.m.	18	19 Community Cards 1:00 p.m.-3:00 p.m. Poetry Extravaganza 2013-17th annual tribute honoring life & legacy of Rev. Dr. Martin Luther King, Jr. MLK Library (Great Hall) 1-4:00 p.m.
20	21 TOWN HALL CLOSED	22 Computer Class Start 11:00 a.m. & 2:30 p.m. After-School Tu- toring Program	23	24 Computer Class Start 11:00 a.m. & 2:30 p.m. After-School Tutoring Program 2:00-5:00 p.m.	25	26 Food Share Pickup
27	28	29	30	31		

SHARE FOOD NETWORK JANUARY *Order by January 11, 2013 Pick up Saturday January 26, 2013*

10:00 a.m. to 11:00 a.m. NOTE CASH ONLY

10:00 a.m. a 11:00 a.m. NOTA SOLO EFECTIVO

Package "A" Value Package \$20.00	Package "B" Winter Seafood Special \$20.00	Package "C" January Chicken Special \$20.00
Chicken Thighs 2 lbs.	2.5 pounds Jumbo Butterfly Shrimp	.5 lbs. Roasted Chicken Breast & Wings Sections
Pollock Fillets 1 lbs.	1 pound Tilapia Fillets	5 lbs. Roasted Things & Drums Sections
Salisbury Steak 0.85 lbs.	1 pound Sole Fillets	
Chicken Breast Tenderloins 0.85 lbs.		
Hot Chocolate		
Potatoes 3 lbs.		
Onions 1.5 lbs.		
.... Plus 5-6 more fruits, vegetables & grocery items		

**NOTE: IF ORDER IS
NOT PICKED UP BY
11:00 A.M. FOOD WILL
BE GIVEN AWAY**

**HAPPY ANNIVERSARY FOREST HEIGHTS
NEWS 60 YEARS**