



# TOWN OF FOREST HEIGHTS NEWS

## MAYOR & TOWN COUNCIL

Calvin Washington, Mayor  
cWASHINGTON@forestheightsmd.gov  
Ward I

Troy Lilly, Council President  
tlilly@forestheightsmd.gov  
Robert Barnes

rbarnes@forestheightsmd.gov  
Ward II

Clifton Atkinson  
catkinson@forestheightsmd.gov  
Jonathon Kennedy II

jkennedy2@forestheightsmd.gov  
Ward III

Taunya Hines  
thines@forestheightsmd.gov  
Paula Noble

pnoble@forestheightsmd.gov  
ADMINISTRATION 301-839-1030

Linwood Robinson, Town Administrator  
lrobinson@forestheightsmd.gov

Sherletta Hawkins, Town Clerk  
shawkins@forestheightsmd.gov

Shelley Dorsey, Financial Consultant  
sdorsey@forestheightsmd.gov

Melvin Watkins, Public Works Lead  
mwatkins@forestheightsmd.gov

Corey V. Poole, Healthy Heights Coordinator  
cPOOLE@forestheightsmd.gov

POLICE DEPARTMENT (301) 839-4040  
pdinfo@forestheightsmd.gov

Darryl Green, Code Enforcement Officer  
Code Enforcement@forestheightsmd.gov

Lisa White, Director of Communications  
TFH\_Media@forestheightsmd.gov

Information Line (240) 493-6998  
Non-Emergency (301) 352-1200

EMERGENCY DIAL 911

NOTARY SERVICES -

BY APPOINTMENT ONLY

9:00 a.m.-4:00 p.m.

## Notice of Public Hearing A22-03

### TOWN OF FOREST HEIGHTS

A proposed Ordinance No. 06-22. An Ordinance of the Mayor and Council of the Town of Forest Heights Granting a renewal of the Cable Franchise to Comcast of Maryland, LLC and authorizing a Franchise Agreement.

#### Purpose

Notice is hereby given that The Town Council of the Town of Forest Heights, as noted above, will hold a public hearing on Ordinance No. 06-22.

*This hearing will allow both virtual and in-person participation.*

Hearing No. A22-03

**Monday, January 9, 2023, 7:30 p.m.**

Town Hall

5508 Arapahoe Drive,  
Forest Heights, MD 20745

# TOWN OF FOREST HEIGHTS

## TOWN COUNCIL WORK SESSIONS

**1st MONDAYS @ 7:30 PM**

**Dial-In: 301-715-8592 Meeting ID: 86008316885**

## TOWN MEETINGS

**3rd WEDNESDAYS @ 8:00 PM**

**Dial-In: 301-715-8592 Meeting ID: 563484463**

Community Election New  
Community Calendars

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**Mayor & Town Council Municipal Election 2023**  
**DEADLINE FOR CERTIFICATE OF NOMINATION**

**Wednesday, February 1, 2023 at 4:30 PM**

***ALL CERTIFICATE OF NOMINATIONS ARE TO BE FILED WITH THE TOWN CLERK (ONLY)***

Forest Heights will also hold a Town Election this year. The Mayor and Council seats held by Robert Barnes (Ward I), Clifton Atkinson (Ward II) and Taunya Hines (Ward III) will be up for re-election. Additional details will be forthcoming. Please check your upcoming newsletter and/or the town's Facebook page for the latest news.

**TOWN ELECTIONS FOR THE MAYOR AND COUNCIL MEMBER IN WARDS, I, II & III  
TO BE HELD WEDNESDAY, MARCH 8<sup>TH</sup>, 2023**

In accordance with Section 33-31 of the Forest Heights Town Charter persons may be nominated for elective office in the Town by filing a certificate of nomination together with a statement of the particular office to which he aspires, with the Town Clerk on or before the first Wednesday in February preceding the Town election. Such certificate shall state (1) the office for which the person is seeking, (2) the name and signature of the candidate, (3) the ward in which the person resides, (4) a statement that he meets the qualifications for the office as contained in this charter. No person shall file for nomination to more than one elective Town public office or hold more than one elective Town public office at any one time. The Town Board of Elections shall review each certificate of nomination and shall certify that the candidate meets the qualifications contained in this Charter. Any certificate of a candidate, that the Board's judgment does not meet the stated qualifications, shall be returned to the candidate with the reasons for the return stated thereon.

Certificate of Nominations may be obtained from the Municipal Building.

**Qualifications** Councilmember shall have resided in the Wards of the Town they represent for at least one year immediately preceding their election, shall be qualified voters of the Town, and shall maintain a permanent residence in the Town during their term of office.

**If you have recently moved into Forest Heights from somewhere else in Prince George County or moved from one Ward to another Ward you must provide the County Board of Elections Supervisor with your new address or if you have never registered to vote in Prince George County, a voter registration application must be submitted to your local board of elections or the State Board of Elections at any time. However, applications must be postmarked by January 27, 2023, to vote in the Town Election.**

Registration applications may be obtained from the Municipal Building in Forest Heights. For any additional information regarding election registration, please contact the Town Clerk or the Prince George County Board of Elections at (301) 430-8020.

**Absentee Voters** may make an application in writing for an absentee ballot. The application must be received no later than 7 days before the election. The application shall contain an affidavit, which need not be under oath, but which shall set forth the information required. Please contact the Town Clerk of Forest Heights for additional information.

**NOTICE: A request for an absentee ballot must be made via mail no later than March 1, 2023, at 4:00 p.m. Your ballot needs to be postmarked by 8:00 p.m. on March 8, 2023, election day. Write "ballot" on the return envelope and send it by mail or drop it off at the authorized drop box in front of the Municipal Building, which is located at 5508 Arapahoe Drive, Forest Heights, Maryland 20745.**

Election season is upon us. This is your chance to use a vote to change things if you have been dissatisfied with the work of your elected officials or feel that they have not been acting in your best interests.

**Come serve on our Ethics Committee and as a Town of Forest Heights Elections Judge.**

**ETHICS COMMISSIONS**

**The mission of the Ethics Commission** is to promote and strengthen the faith and confidence of the people of Forest Heights in their government, support the operation of open and responsible government, preserve the integrity of the governmental decision-making process, and protect the rights of individuals through the administration of Forest Heights campaign finance, lobbying, and ethics laws, and through readily available and understandable disclosure of information.

**ELECTION JUDGES**

**The duties of Election Judges** are responsible for administering voting procedures in their precinct and ensuring a fair and accessible election for all eligible voters. Duties include checking in voters, assisting voters, and overseeing all election procedures throughout the polling place.

**MINIMUM QUALIFICATIONS:** To be an election judge, you must be:

1. 18 years old or older.
2. A registered voter in the State of Maryland.
2. Able to speak, read, and write English.
3. Physically and mentally able to work at least a 11-hour day.
4. Able to sit and/or stand for an extended period.

**Elecciones Municipales de Alcalde y Concejo Municipal 2023**  
**FECHA LÍMITE PARA CERTIFICADO DE NOMINACIÓN**  
**miércoles, 1 de febrero de 2023 a las 16:30**

***TODOS LOS CERTIFICADOS DE NOMINACIONES DEBEN PRESENTARSE CON EL SECRETARIO DEL PUEBLO (ÚNICAMENTE)***

Forest Heights también llevará a cabo elecciones municipales este año. Los puestos de Alcalde y Concejo ocupados por Robert Barnes (Distrito I), Clifton Atkinson (Distrito II) y Taunya Hines (Distrito III) estarán disponibles para la reelección. Próximamente se darán detalles adicionales. Consulte su próximo boletín y/o la página de Facebook de la ciudad para conocer las últimas noticias.

**ELECCIONES DEL PUEBLO PARA ALCALDE Y CONCEJAL EN LOS DISTRITOS I, II Y III A  
CELEBRARSE EL MIÉRCOLES 8 DE MARZO DE 2023**

De acuerdo con la Sección 33-31 de la Carta Constitutiva del Pueblo de Forest Heights, las personas pueden ser nominadas para cargos electivos en el Pueblo mediante la presentación de un certificado de nominación junto con una declaración del cargo particular al que aspiran, ante el Secretario del Pueblo en o antes del primer miércoles de febrero anterior a la elección del Pueblo. Dicho certificado deberá indicar (1) el cargo que la persona busca, (2) el nombre y la firma del candidato, (3) la sala en la que reside la persona, (4) una declaración de que cumple con los requisitos para el oficina contenida en esta carta. Ninguna persona deberá presentar su candidatura para más de un cargo público electivo del Pueblo ni ocupar más de un cargo público electivo del Pueblo al mismo tiempo. La Junta Municipal de Elecciones revisará cada certificado de nominación y certificará que el candidato cumple con los requisitos contenidos en esta Carta Constitutiva. Cualquier certificado de un candidato, que el juicio de la Junta no cumple con los requisitos establecidos, será devuelto al candidato con las razones para la devolución que se indica en el mismo.

El Certificado de Nominaciones se puede obtener en el Edificio Municipal.

**Calificaciones** Los concejales deberán haber residido en los distritos electorales del Pueblo que representan durante al menos un año inmediatamente anterior a su elección, deberán ser votantes calificados del Pueblo y deberán mantener una residencia permanente en el Pueblo durante su mandato.

**Si se ha mudado recientemente a Forest Heights desde algún otro lugar del condado de Prince George o se ha mudado de un distrito a otro, debe proporcionar al Supervisor de la Junta Electoral del condado su nueva dirección o, si nunca se ha registrado para votar en el condado de Prince George, una solicitud de registro de votante debe enviarse a la junta electoral local o a la Junta Electoral del Estado en cualquier momento. Sin embargo, las solicitudes deben tener matasellos antes del 27 de enero de 2023 para poder votar en la elección del pueblo.**

Las solicitudes de registro se pueden obtener en el Edificio Municipal en Forest Heights. Para obtener información adicional sobre el registro de elecciones, comuníquese con el Secretario Municipal o la Junta Electoral del Condado de Prince George al (301) 430-8020.

**Los votantes** en ausencia pueden presentar una solicitud por escrito para una boleta de voto en ausencia. La solicitud debe recibirse a más tardar 7 días antes de la elección. La solicitud deberá contener una declaración jurada, que no necesitará ser bajo juramento, pero que deberá contener la información requerida. Comuníquese con el secretario municipal de Forest Heights para obtener información adicional.

**AVISO:** La solicitud de una boleta de voto en ausencia debe realizarse por correo a más tardar el 1 de marzo de 2023 a las 4:00 p. m. Su boleta debe tener matasellos antes de las 8:00 p.m. el 8 de marzo de 2023, día de las elecciones. Escriba "boleta" en el sobre de devolución y envíelo por correo o déjelo en el buzón autorizado frente al edificio municipal, que se encuentra en 5508 Arapahoe Drive, Forest Heights, Maryland 20745.

La temporada de elecciones está sobre nosotros. Esta es su oportunidad de usar un voto para cambiar las cosas si no está satisfecho con el trabajo de sus funcionarios electos o siente que no han estado actuando en su mejor interés.

**Venga a servir en nuestro Comité de Ética y como Juez Electoral del Pueblo de Forest Heights.**

**COMISIONES DE ÉTICA**

**La misión de la Comisión de Ética** es promover y fortalecer la fe y la confianza de la gente de Forest Heights en su gobierno, apoyar la operación de un gobierno abierto y responsable, preservar la integridad del proceso de toma de decisiones gubernamentales y proteger los derechos de personas a través de la administración de las leyes de financiación de campañas, cabildeo y ética de Forest Heights, y a través de la divulgación de información fácilmente disponible y comprensible.

**JUECES ELECTORALES**

**Los deberes de los jueces electorales** son responsables de administrar los procedimientos de votación en su precinto y garantizar una elección justa y accesible para todos los votantes elegibles. Los deberes incluyen controlar a los votantes, ayudar a los votantes y supervisar todos los procedimientos electorales en todo el lugar de votación.

**CALIFICACIONES MÍNIMAS:** Para ser un juez electoral, debe ser:

1. 18 años o más. 2. Un votante registrado en el Estado de Maryland.

3. Capaz de hablar, leer y escribir en inglés. 3. Capacidad física y mental para trabajar al menos 11 horas al día.

4. Capaz de sentarse y/o estar de pie durante un período prolongado.

# Community Acknowledgements

For the Town of Forest Heights and our Town Police Department, December was a busy month. In addition to the Town Santa Clause at your door, we held the Food Basket Giveaway, the Third Annual Christmas Festival, the Senior Masquerade Ball, Shop with a Cop, and Coffee with a Cop events. View some photos from various events.

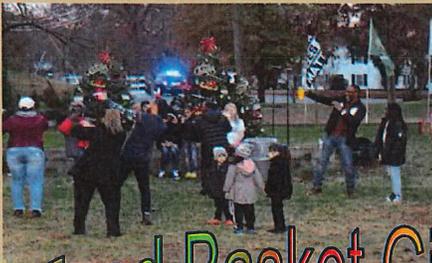
## 3rd Annual Christmas Festival



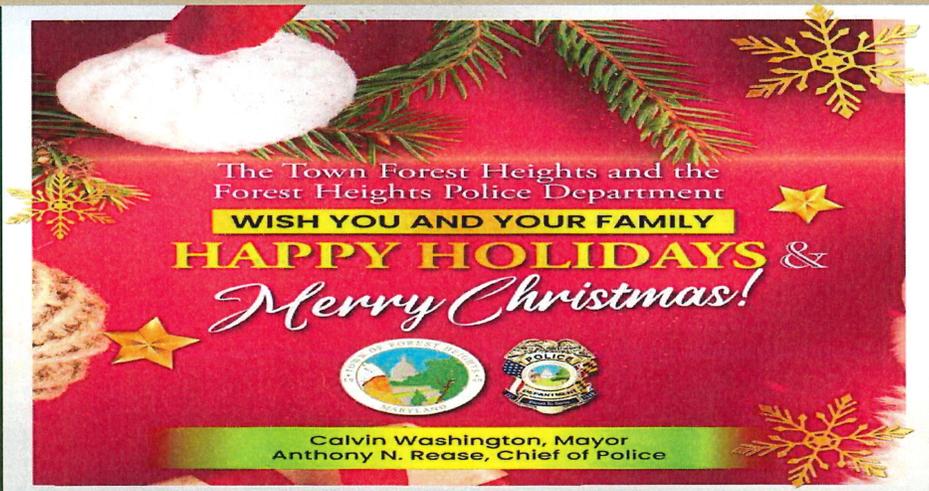
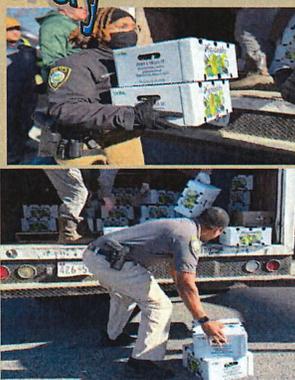
## Senior Masquerade Ball



## shop with a Cop



## Food Basket Giveaway



***Did You Know That?!***

# **THE FOREST HEIGHTS POLICE DEPARTMENT**

# **HAS MOVED**

**TO**

**5410 INDIAN HEAD HWY,  
SUITE 100**

**FOREST HEIGHTS, MD 20745**



**PHONE # 301-839-4040**  
**[pdinfo@forestheightsmd.gov](mailto:pdinfo@forestheightsmd.gov)**

## Community Alerts



### CODE ENFORCEMENT REMINDERS TO RESIDENTS



#### TRASH, RECYCLING AND YARD WASTE COLLECTION.

#### NOTICE: NO COLLECTION ON

MONDAY, JANUARY 1, PICKUP WILL BE TUESDAY, JANUARY 2, 2023.

**FOR EAST SIDE: TRASH AND TOWN RECYCLING ONLY. NO YARD WASTE!**

- ⇒ If your garbage or recycling is put outside of your containers, *you will be fined.*
  - ⇒ Trash/Recycle Collection is to be placed at the curb the night before collection.
  - ⇒ Pick-Up Days Begin at 6:30 a.m.
  - ⇒ Monday is Yard Waste & Recycling
  - ⇒ Tree limbs must be tied together in small bundles *NOT* to exceed 4 feet in length.
  - ⇒ Your mattresses and box springs must also be completely covered in plastic wrap for pick up.
  - ⇒ Bulk (Three Items or Less) **METAL PICK-UP** Metal placed on the curb will be picked up by Public Works for a minimum of \$35.00 Propane Tank Pick-ups are \$30 each
- WHAT IS BULK TRASH?**



*Household furniture, mattresses, and box springs, which can be compacted by the trash trucks*

**WHAT IS NOT BULK TRASH!**

Appliances such as stoves, washing machines, refrigerators, hot water heaters, tires, and trash

## RECYCLE YOUR CHRISTMAS TREE

Beginning December 27, 2022 through February 1, 2023, residents with Yard Waste Collection may place their undecorated, unbagged, live Christmas trees at the curb by 6:30 a.m. on Monday scheduled yard waste collection day.



### **Weatherization Assistance Available: FREE HOME UPGRADES**

Apply for weatherization upgrades that can make your home more energy-efficient. The new and updated applications are here! Applications can be found at the Forest Heights Municipal Building or emailed on request. Applications can be dropped off at the mailbox at the municipal building. **Veterans and Retired homeowners will be given preference.** For more information, call 301-839-1030. Anyone who meets the income requirements is welcome to apply. Come check it out today!

# of People Living in House	Owner(s) Only Annual Income Must Be Less than	# of People Living in House	Owner(s) Only Annual Income Must Be Less than
1	\$57,750.00	2	\$66,000.00
3	\$74,200.00	4	\$82,500.00
5	\$89,100.00	6	\$95,700.00
7	\$102,300.00	8	\$108,900.00

# Senior Alerts

## National Awareness Month

- Thyroid Awareness Month
- Glaucoma Awareness Month
- Blood Donor Month
- National Pharmacist Day



## Aging & Disabilities Services Division

**Physical Address**  
6420 Allentown Road  
Camp Springs, MD 20748

Phone: 301-265-8450  
Fax: 301-248-5362  
Fax: 301-248-5358  
TTY: 211 (Maryland Relay)

## State Health Insurance Assistance Program

The State Health Insurance Program provides free, objective, and confidential help to Medicare beneficiaries and their families. The State Health Insurance Program also provides group training and informational forums in the community. The counselors provide one-on-one counseling and assistance via telephone and face-to-face meetings.

Topics can include:

- Medicare
- Medicare Supplements (Medigap Plans)
- Medicare Advantage Plans
- Medical Assistance Programs
- Pharmacy Assistance Benefits
- Long-Term Care Insurance
- Denials, Appeals, and Grievances
- Billing Problems
- Healthcare Fraud and Abuse



The Senior Community Service Employment Program (SCSEP), also known as Title V, provides part-time work-based training opportunities at local community service agencies for older Prince Georgians who have poor employment prospects and are unemployed. SCSEP assists individuals in finding employment opportunities in the community through a variety of supportive services such as personal and job-related counseling, job training, and job referral. SCSEP providers also educate employers about the benefits of hiring older workers.

## Senior Chat & Chew



The Town is hosting a Chat & Chew for those 55 every third Thursday, of the month, from 1:15-2:00 p.m. in the Town Hall Community Center. We'd like to hear how we might assist you. What sort of events would you want to see? What type of seminars do you wish to attend? What can we do to help you? Please let us hear your voice. Call if you are planning to attend 301-839-1030.

## Exercise Group



Forest Heights Senior Exercise Class meets at the Town Hall on Tuesday and Thursday, from 12:00-1:00 p.m., at 5508 Arapahoe Drive. Forest Heights residents may participate for free, and it's a fantastic way to remain in shape. If you want to stay connected and active.

**DO YOU NEED HELP**  
caring for yourself or a loved one?

Call us at **301-265-8450**  
to begin planning for your future.  
[Click here for more info.](#)

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**ENERGY BILL ASSISTANCE INFORMATION**

**HOW TO GET HELP WITH YOUR ENERGY BILLS**

Federal and state energy assistance programs are available to eligible Maryland residents who need help paying their bills.

**The Maryland Energy Assistance Program (MEAP)**, nationally known as the Low Income Home Energy Assistance Program (LIHEAP), is a federally-funded program that helps low-income households with their home energy bills. LIHEAP can help you stay warm in the winter and cool in the summer.

**The Electric Universal Service Program (EUSP)** assists eligible low-income customers with their electric bills, even if they are currently without service.

**The Utility Service Protection Program (USPP)** protects low-income families from utility cut-offs and allows MEAP-eligible households to enter into monthly payment programs.

**The Arrearage Retirement Assistance Program (ARA)** is a grant determined by the amount of the outstanding arrearage. The maximum amount payable is \$2,000 once every seven years, with certain exceptions. Applicants must be eligible to receive a EUSP grant in order to receive an arrearage grant.

**To apply for any of these programs**, contact the Office of Home Energy Programs in your area or call 800-332-6347 or visit [dhr.maryland.gov/ohp](http://dhr.maryland.gov/ohp).

**The Pepco - Washington Area Fuel Fund Partnership** has partnered together to provide energy assistance for low- to moderate-income customers. Eligibility is determined by the Salvation Army. Call 301-277-6103 in Prince George's County and 301-515-9354 in Montgomery County.

For more information about energy assistance programs, visit [pepco.com/energyassistance](http://pepco.com/energyassistance).

**GROSS INCOME LIMITS**

Household Size	Maximum Monthly Income*
1	\$1,861
2	\$2,515
3	\$3,168
4	\$3,821
5	\$4,475
6	\$5,128
7	\$5,781
8	\$6,435

\*Gross income is income before taxes.  
For each additional person add \$654



# Community Calendars

## January 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 HAPPY NEW YEAR	2 TOWN HALL CLOSED	3 EAST SIDE TRASH, AND BULK PICKUP AND TOWN RECYCLING	4	5 WEST SIDE TRASH AND BULK PICKUP EXERCISE CLASS 12-1:00PM	6	7
8	9 EAST SIDE TRASH PICKUP AND TOWN RECYCLING TOWN MEETING AND HEARING Dial-in 301-715-8592 Meeting ID: 860 0831	10 EXERCISE CLASS 12-1:00PM	11	12 WEST SIDE TRASH AND BULK PICKUP EXERCISE CLASS 12-1:00PM	13	14
15	16 TOWN CLOSED EAST SIDE TRASH PICKUP, BULK AND TOWN RECYCLING Civil Rights Day Martin Luther King Day	17 TOWN MEETING IN-PERSON AND VIRTUAL Dial-in 301-715-8592 Meeting ID: 860 0831 6885 EXERCISE CLASS 12-1:00PM	18	19 WEST SIDE TRASH AND BULK PICKUP EXERCISE CLASS 12-1:00PM Senior Chat & Chew 1:15-2:00pm	20	21
22 Lunar New Year	23 EAST SIDE TRASH AND BULK PICKUP AND TOWN RECYCLING	24 EXERCISE CLASS 12-1:00PM	25	26 WEST SIDE TRASH AND BULK PICKUP EXERCISE CLASS 12-1:00PM	27 International Holocaust Remembrance Day	28
29	30 EAST SIDE TRASH, AND BULK PICKUP AND TOWN RECYCLING	31 EXERCISE CLASS 12-1:00PM				

Register for email alerts. Please contact the Town Hall at 301-839-1030.

**BE THE FIRST TO KNOW WITH**

**THE TOWN OF FOREST HEIGHTS AND FOREST HEIGHTS POLICE DEPARTMENT'S MOBILE TEXT ALERTS!**

Sign up to join the Town of Forest Heights text alerts

Text: TFHNews 74121  
877-761-7897  
@ForestHeightsMD

Calvin Washington, Mayor

Sign up to join the Forest Heights Police Department text alerts

Text: FHPDNews 74121  
877-761-7897  
@ForestHeightsPO

Anthony N. Rease, Chief of Police

[www.Mobile-Text-Alerts.com/ForestHeights](http://www.Mobile-Text-Alerts.com/ForestHeights)

See our 2 Digital Message Boards located at the Town Hall & the Community Gathering Space next to Henry's Soul Cafe



<https://www.facebook.com/forestheightsmd>

<https://nextdoor.com/town/forest-heights--md>