



Happy 64th Anniversary, Forest Heights!



Forest Heights residents learned how to become “Fit for Life” during the Town’s 64th anniversary celebration Aug. 3 at Tayac Neighborhood Park.

This year’s unprecedented theme outlined the Town’s dedication to health and wellness, and featured a number of participating health agencies and organizations that offered free screenings and assessments, hands-on activities and giveaways.

We were extremely pleased and honored to have had several public officials attend our celebration, which included Prince George’s County Executive Rushern L. Baker III; District 26 State Senator C. Anthony Muse; District 26 State Delegate Kriselda “Kris” Valderrama; and our keynote speaker District 26 State Delegate Veronica Turner.

In her address to the Town, Mayor Jacqueline Goodall spoke about the Town’s geography and history — including how a 20-foot ravine splits the town — and its significance on residents today.

“It’s so important for all of us to remember that regardless of we have a highway in between us, we are all Forest Heights and we need to continue to work together to improve our area and become a very village and a very strong community,” she said.

In an effort to promote healthy living and eating, Mayor Goodall also made a pledge that the town would stop serving sugary drinks at future town functions, and opt for healthier alternatives instead.

In addition to health education, there was plenty of fun, dancing and smiles at this year’s celebration. A number of Forest Heights youths donned “Let’s Move” T-shirts and participated in roller skating, basketball and Laser Tag as the Town resumed its second annual Youth Sports Festival. Mayor Goodall even went onstage and danced with the Chik-fil-A cow (the video clip of the interaction has become a huge hit on the town’s Facebook page).

Thanks to all of our wonderful sponsors and vendors for helping to make this year’s Forest Heights Day a HUGE success and for helping our residents stay “Fit for Life!”



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Police Department

Stewart Russell, *Chief of Police*

Latessa Crawford, *Police Clerk*

(301) 839-4040 (301) 839-1122 fax

(Non-Emergency) (301) 352-1200

Eastover District IV Police

(301) 749-4900

Code Enforcement

Kevin Miller 301-839-4040 ext. 228

Public Works

Stanley Mosley,

Public Works Supervisor

301 839-1030 ext. 231

Forest Heights Municipal Building

Located behind McDonalds

5508 Arapahoe Drive

Forest Heights MD, 20745

www.forestheightsmd.gov

FOREST HEIGHTS POLICE DEPARTMENT



On Saturday, July 13, 2013, there was a Ward III sponsored meeting in which a former mayor of the town questioned whether or not the Deputy Chief and I have the powers of arrest. Unquestionably the answer is yes we have the powers of arrest.

Again there is an agenda driven misleading of facts here being spewed by those who speak of their concern on behalf of the town's interest. Such efforts do nothing but attempt to undermine the positive efforts of the police department. If this individual or followers have any valid inquiries, they can be answered by the Maryland Police Training Commission. But as their previous attempts to report my actions to the commission were knowingly false, I guess they do not want to report their latest concerns for the town. Really folks, you would think they know better by now.

On Wednesday, July 24, 2013, First Sergeant Georgia Miltenberger conducted a traffic stop resulting in the discovery of a suspected controlled dangerous substance and a cash seizure. First Sergeant Miltenberger was assisted by the Prince George's County Police. This was an outstanding seizure on First Sergeant Miltenberger's part resulting from her observations of a traffic violation.

Once again I want to commend those town members who are working with the police by providing timely information about their concerns regarding possible criminal activities in their neighborhoods. I encourage all to help us take back your town. For the most part these individuals who do not pay taxes here want to disrupt your peaceful way of life. Thank you and let us continue to make a difference.

Finally I want to thank those who joined us for National Night Out on Tuesday, August 6, 2013.

Col. S.W. Russell, Chief, FHPD

LOST DOG PLEASE

CALL THE OFFICES

AT 301-839-1030



**TAKE A BITE OUT OF
CRIME**



Would you like this neighborhood to be known as the Safest Place in Maryland? We invite you to come learn about The Forest Heights Neighborhood Watch Program every 1st Thursday in each month at 7 pm-8 pm at the Forest Heights Municipal Building, Town Hall 5508 Arapahoe Drive. Neighborhoods working together in Partnership with the Police make one of the best crime-fighting teams around!!



Forest Heights Police Department July May 2013 All Calls For Service

ANIMAL COMPLAINT (OTHER)	1	DOMESTIC DISPUTE	10	SUSPICIOUS SUBJECT(S) (ARMED)	2
ASSIST CITIZEN	6	DOMESTIC STANDBY	1	SUSPICIOUS VEHICLE	10
ASSIST OTHER UNIT (INCIDENT)	4	E.P.S.	1	SUSPICIOUS VEHICLE (OCCUPIED)	1
ASSIST OTHER UNIT (TRAFFIC)	4	FIGHT IN PROGRESS	4	THEFT (FROM AUTO)	1
ASSIST OUTSIDE AGENCY	14	FOUND PROPERTY	4	THEFT REPORT	4
AUTO THEFT	3	INVESTIGATION	1	TRAFFIC ACCIDENT	1
B & E (RESIDENTIAL)	2	LOST PROPERTY	2	TRAFFIC ACCIDENT (HIT & RUN)	1
B & E IN PROGRESS	1	MAN DOWN	1	TRAFFIC ACCIDENT (INJURIES)	1
BURGLAR ALARM (COMMERCIAL)	3	MISSING PERSON	2	TRAFFIC COMPLAINT	2
BURGLAR ALARM (RESIDENTIAL)	6	PROPERTY DAMAGE	1	TRESPASSER	2
CHECK ON THE WELFARE	1	RECOVERED PROPERTY	1	UNKNOWN TROUBLE	1
CUSTOMER DISPUTE	1	SOLICITORS WITHOUT PERMIT	1	WARRANT SERVICE	1
DISORDERLY SUBJECT(S)	11	SOUND OF GUN SHOTS	2	Total Calls Handled:	126
DISPUTE BETWEEN PERSONS	2	SUSPICIOUS SUBJECT(S)	9		

Message from the Mayor's Office

By now, most of you are fully aware that a casino is being proposed for southern Prince George's County, quite literally in our backyards. Currently, three bidders are competing for the rights to build the new casino, which could open as early as 2016. They are:

-Penn National Gaming, which operates the Hollywood Casino brand and currently owns Rosecroft Racing in Fort Washington, wants to build a \$700 million casino and resort at Rosecroft.

-Greenwood Racing Inc., which owns the Parx Casino outside Philadelphia, wants to build an \$800 million Parx Casino Hotel & Spa on a 22-acre parcel at the intersection of Indian Head Highway and Old Fort Road in Fort Washington.

-MGM Resorts wants to build a 20-acre casino and resort near National Harbor.

Approximately 300 people showed up to the July 10 Gaming meeting hosted by Councilman Obie Patterson at the Oxon Hill Library — standing room only on an early weeknight. I was one of the 300 people who had attended, along with several of our Council members and residents, to hear a presentation on the bidding process by Donald Fry, chairman of the Maryland Video Lottery Facility Location Commission. Though the meeting did not reveal any new details (nor were residents allowed the opportunity to openly ask questions about any of the projects), we did learn that the developers and county officials would be holding public site visits on each of the proposed locations around late summer or early fall with public hearings to be scheduled in the fall. The commission will review the proposals, and will select the final location/bidder by the end of the year.

Right now, we are experiencing the calm before the storm. But the next months to follow will be a whirlwind of activity. I highly encourage everyone to stay informed and educated on these issues. If you have not done so, please sign up for Councilman Patterson's listserv by emailing CouncilDistrict8@co.pg.md.us. Please also bookmark or favorite the official Maryland Gaming website at www.mdlottery.com/slots. I would also like to start a Forest Height Committee against having the casino at National Harbor. If you are interested, please contact me at jacquelinegoodall@msn.com so we can get started. Now more than ever, our town needs to stay united. In recent weeks, I was extremely disappointed to learn that members of the Indian Head Highway Area Action Council (IHHAAC) — a coalition of southern Prince George's groups — had submitted a formal letter to our officials urging them to put the new casino at National Harbor instead of Fort Washington, citing that there would be less of an impact on residential communities (Forest Heights/Oxon Hill) if the casino were located at National Harbor.

You can also mail or email comments to the following, or visit the official Maryland Gaming website:

Staff: Jaclyn L. Vincent, Chief of Staff & Director of Gaming Research
c/o State Lottery and Gaming Control Agency Montgomery Park Business Center, Suite 330
1800 Washington Blvd. Baltimore, MD 21230
Phone: (410) 230-8789
E-mail: jvincent@msla.state.md.us

I am personally appealing to you for your help not just as Mayor, but also as a fellow Forest Heights resident. Now is the time for us to mobilize. Now is the time for us to put aside any differences we may have and make our voices heard. We need to let our officials know that we do not want this casino at National Harbor, and doing so will harm our neighborhoods and our quality of life. As Malcolm X used to say, "If you don't stand for something you will fall for anything." This is our moment.

Mayor Jacqueline Goodall

Dear Friends,

MAYOR AND COUNCIL
THE TOWN OF FOREST HEIGHTS
ORDINANCE NO 03-13

(1 of 2)

AN ORDINANCE OF THE MAYOR AND COUNCIL OF THE TOWN OF FOREST HEIGHTS, MARYLAND CREATING, RATIFYING AND DESIGNATING CERTAIN TAX CLASSIFICATIONS FOR COMMERCIAL AND NONCOMMERCIAL REAL PROPERTY AND OTHER PROPERTY SITUATED WITHIN THE TOWN OR SUBJECT TO MUNICIPAL TAXATION, AND GENERALLY RELATING TO MUNICIPAL TAXATION.

Passed 7/22/2013

Town Community New

Alert – Alert – Alert:

CUSTOMER WARNING Beware of Individuals Posing as Utility Workers

We have received a notice to advise our residents of individuals posing as utility workers in order to gain access to your homes and information that can be used for **Identity Theft. Demand to see their identification badge and the name and phone number of their Supervisor.**

ON-SITE SHREDDING

**FREE Shredding Saturday, August 24th 9 a.m. to 3 p.m.
at the Town Municipal Building 5508 Arapahoe Drive.
Forest Heights Md. 20745**



Senator C. Anthony Muse: 26th District Community Back-to-School Event

Important Details Regarding Application for Assistance

Please note that priority for assistance with school supplies will be given to 26th legislative district constituents. To verify what legislative district you live in, please log onto <http://medelect.net>

Registration is required, and you must present a confirmation email to receive school supplies. School supplies **MUST** be picked up on Saturday, August 10th from 10:30 a.m. to 2:00 p.m. You can fax this form to 301-858-3410 or email to **muse@senatormuse.com**. The registration deadline is Wednesday, August 7, 2013. For additional information or questions, please do not hesitate to contact 301-858-3092.

muse@senatormuse.com, www.senatormuse.com



Saint Mark AME Church's

"Fun Day of Shopping" Bazaar

**Saturday, August 10, 2013
10:00 a.m.-2:00 p.m.**



Saint Mark African Methodist Episcopal Church

5427 Indian Head Hwy, Oxon Hill, MD 20720

Reverend Sterlin Powell, Pastor



Come and get your shop on at our first "Fun Day of Shopping" Bazaar. We have something for everyone like wonderful attire by JoVon Fashions, costume jewelry, purses, and many other vendors. This event will raise funds toward our Women's Fellowship Season.

For more information, please contact Sis. Bernie Richburg at ABRichburg@yahoo.com and Sis. Tawana Campbell at tcamp670@yahoo.com

Sponsored by the Women's Fellowship of Saint Mark AME Church

Prince George's County Schools Office of Constituent Services NEWS FLASH! SCHOOL BELLS!

The Office of Constituent Services (OCS) would like to wish a successful school year to all. This is an exciting time students, parents, and school system personnel. A new school year is here; the first day of school is Monday, August 19, 2013. There are a few upcoming back to school events around the corner. Prince George's County Public Schools System will be hosting a Back to School Fair on Saturday, August 10, 2013 from 10:00 a.m. to 2:00 p.m. at Show Place Arena in Upper Marlboro, Maryland. The city of Bowie is having an annual Back to School Bash on August 17, 2013 August 2013 at the City of Bowie Gymnasium from 10:00 am-1:00 pm; please call 301-809-2388 for more information. The First Baptist Church of Glenarden will be hosting a Back to School Rally on September, 3, 2013 at 7:00 pm in their worship center, please call 301-773-3600 for more details.

Community Healthy Heights Tips

HEALTHY DIET

Prince George's County has a large number of citizens per capita who do not eat as healthy as they should. This is even more apparent with the large number of children and senior citizens in our community who suffer from obesity and other health-related illnesses such as diabetes, hypertension and high blood pressure. Some say it is due to a lack of knowledge when it comes to food and nutrition; others say there are not enough programs to educate the public about living and eating healthier or how to practice healthier choices in life, especially when it comes to the cost of nutritious foods and the challenges in economical budgeting.

CDC cares about our community. A couple of months ago, the Forest Heights-Oxon Hill Community Development Corporation launched a Healthy Kids campaign on YMCA Day in collaboration with the YMCA-Fort Washington. We had a nutrition coach distribute information about healthy and holistic alternatives to citizens, and gather feedback on what our citizens wanted and needed from us. The response was overwhelming. As a result, the CDC will be providing important information over the next few months to help our citizens become more knowledgeable about healthy eating and living, and how we as a community can help our residents live longer, healthier lives in a financially challenged economy. The CDC will continue to launch sessions that expand our knowledge in medicine, as well as health, fitness, nutrition and holistic alternatives, not only for ourselves, but also for our children, our parents, grandparents, great grandparents, spouses and our families in general.

Stay tuned for special dates coming up on medicine, health, fitness, and nutrition. Why? Because the **Forest Heights-Oxon Hill Community Development Corporation** cares about our community. **Article by Beverley Jenkins**



1st Anniversary Celebration

August 10, 2013

5502 Silver Hill Road

District Heights MD 301-735-0602

11:00 a.m.— 3:00 p.m.

COME JOIN US AS WE CELEBRATE OUR
1ST ANNIVERSARY

Prizes-Face Painting

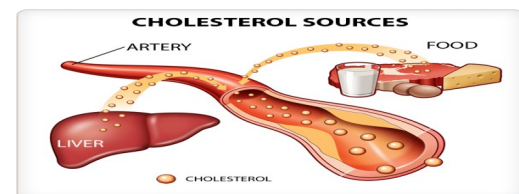
Moon Bounce-DeeJay

Clown & More

Live Broadcast By RYZE Radio

**The Forest Heights Healthy Living
Program invites you to a seminar on:**

“Tips to Lower Cholesterol”



Thursday, August 22, 2013

1:00 p.m.-2:00 p.m.

Forest Heights Municipal Building

5508 Arapahoe Dr.

Forest Heights, MD 20745

RSVP by August 19 to

Mrs. Hawkins for free box lunch

at 301-839-1030

**FOREST HEIGHTS EMPLOYEE WOULD LIKE
TO SAY THANKS TO ALL OWN VENDORS,
AND TOWN RESIDENTS FOR COME OUT.**

The Town would like to express our deepest sympathy for the loss of Mr. Stanley Brown, he passed away in June. He was well known/ liked and admired for walking around town and the outskirts picking up the tiniest bits of trash.

Senior Community News

The Weatherization Assistance Program

(WAP) operated by the Maryland Department of Housing and Community Development. Free Programs and Single Family Special Loans. Two more Forest Heights residents took advantage of the Free Home Weatherization Program.

They were awarded this service through a Collaboration Grant from MEA. Mayor Goodall is continuously seeking ways to assist residents with weatherization and ask that residents take advantage of these grants. Call Ms. Reifsneider if you are interested in our ongoing program for weatherization.

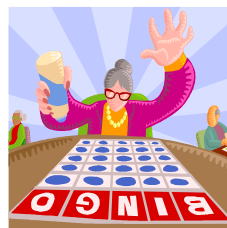
**Call Anne Reifsneider
for appointment 301-839-1146**



60+ Plus Committee welcomes you to Senior Bingo and Community Cards

Councilman Robert Barnes & Ms. Anne Reifsneider work to provide activities and service to our citizens. Please mark your calendar for the:

**Senior Bingo FIRST THURSDAY of each Month
from 10:00 a.m.-1:30 p.m.**



**Community Cards FIRST and
THIRD SATURDAY of each
month from 1:00 –3:00 p.m.**

For information on any of these programs, or to get involved, contact Councilman Barnes at **301-839-1030 ext. 303** anytime day or night, and leave a message.

SENIORS WHO RENT TAX CREDIT PREPARATION WORKSHOP. Please mark your calendars for a tax credit workshop that Senator Muse will be hosting for seniors who rent in the 26th legislative district on Monday, August 12th from 10am to 1pm at Woodside Village Apartments located at 6801 Bock Road, Fort Washington, Maryland 20744. <http://>

First Mint

First mint to make coins in the Western Hemisphere was opened by the Spanish, located in Mexico City in 1536. The first coin produced was the Piece of Eights, also called the Spanish Dollar. By the 1630s, the coin Piece of Eight was being circulated in the first English Colonies in Jamestown, VA and St. Mary's, MD. In order to make change, the coin was cut into eight pieces or bits: two bits equaled a quarter of the Spanish Dollar (slang term for a quarter is two bits). In 1658, Cecil Calvert had his own coins made in England for use in Maryland, termed the Baltimore shilling. Calvert's many enemies in England filed criminal charges accusing him of circulating false money the case was dismissed. In May 1661, the Maryland Assembly passed a law establishing a mint in Maryland.

THOUGHT: A hangover is the wrath of grapes.

We have two very important events

happening in our community. Senator Muse will be hosting a **26th Legislative District Back-to-School Event** on Saturday, August 10th from 10am to 2pm at the Fort Village Shopping Center located on East Swan Creek Road, Fort Washington, Maryland 20744. http://senatorcamuse.com/index.htm/files/Muse_back-to-school.pdf

There will be live music, live video games and Senator Muse will be giving away back to school supplies for students who live and go to school in the 26th legislative district. To receive assistance, simply fill out the registration form <http://senatorcamuse.com/index.5.htm>



Exercise Classes Starting August 19th

The Days for the Trailblazer Fitness

Will be every Monday and Wednesday

Classes begin at 12:00 noon

Over 30 Years

Experience



Wayne's Flooring

**Sanding & Refinishing * Hardwood Flooring
we also Install**

**All work done by Owner Wayne Ballard
14705 Berry Road Accokeek, MD 20607**

Phone 301-292-2736

Cell 301-399-0301

Town Community News (continued)



YARD SALE

TOWN OF FOREST HEIGHTS AND
ABUNDANT LIFE MINISTRIES

5533 LIVINGSTON ROAD, FOREST HEIGHTS, MD 20745

SATURDAY, AUGUST 17, 2013 8:00 A.M. – 3:00 P.M.

VENDORS WANT SPACE \$15 ** TABLE \$ 5

CONTACT TOWN OFFICE (301) 839-1030



Trash/Recycle Collection is to be Placed at the Curb the Night before Collection

PICK-UP DAYS BEGIN AT 6:30 a.m.

MONDAY—Recycle & Trash

Yard Waste will be Picked Up on Wednesday

THURSDAY—Bulk

METAL PICK-UP Metal placed on the curb will be picked up by

Public Works for a minimum of \$35.00 Propane Tank
Pick-ups are \$30 each

Yard Waste Reminder: Yard Waste must be placed in plastic bags and set out Tuesday nights. If it is placed in a trash bin, it will not be picked up. Also tree branches must be cut up – not to exceed 4 ft – and bundled together. Pickups will be on Wednesday



mornings. **Bulk Items** (discarded furniture) are picked up Thursday mornings, and the limit is **3 non-metal items**. The Town picks up old stoves, refrigerators, dishwashers, water heaters, washers, dryers, freezers and electronic equipment for a small fee; items should be placed at the curb. Trash and recyclables are picked up on Mondays.



NOTE: ANY TRASH OR RECYCLE BINS LEFT OUT WILL BE IN VIOLATION OF THE ORDINANCE, AND WILL BE ISSUED A CITATION OF \$200.00. REPEAT OFFENDERS MAY BE ASSESSED A FINE UP TO \$400.00. (ALSO IF YOU USE YOUR OLD BIN YOUR TRASH WILL NOT BE PICKUP)

COUNTY COUNCIL OF PRINCE GEORGE'S COUNTY, MARYLAND

2012 Legislative Session Bill CB-40-2012

REBATE ON RAIN BARRELS



TECHNIQUE	RESIDENTIAL	COMMERCIAL
Rain Barrels	\$50 (must capture 100 gallons)	\$100 (Must capture 200 gallons)

Prince George's County & Mechanical Contractors Association of Metropolitan Washington Service Contractors Bureau

Is Sponsoring

THE FOURTEENTH ANNUAL "HEAT'S ON-WATER'S OFF" PROJECT

Saturday, September 28, 2013

Time: 8:00 a.m.—1:00 p.m.

For additional information call the

Area Agency on Aging

At 301-265-8421

DEADLINE: AUGUST 23, 2013

Ward III Residents!

Ward III Council Members invite all to come out to meet; let's talk and ask questions, make suggestions. We will attempt to answer your questions, and if we don't have an answer, we'll find out. Come out to meet your neighbors. August 25, at 2:00 p.m.

Council members Habeeb-Ullah Muhammad and Larry Stoner

*****EWCWSS****

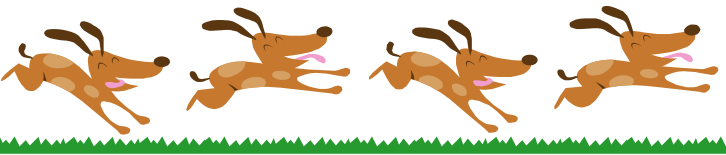
Local Forest Heights
Post Customer

PRSWRT STD
ECRWSS
U.S. POSTAGE
PAID

Town Community News (continued)

Pet Lovers

Yes, having a dog is definitely a huge responsibility. But it's sooo frustrating when people don't pick up after their dogs. There are many rules and regulations regarding dogs and dangerous animals. One of these rules regards picking up dog waste and the fines associated with it; not more than one hundred dollars (\$100.00) for the first offense and repeat offenders may be assessed a fine not to exceed two hundred dollars (\$200.00) for each repeat offense.



Farmers' Market

Connecting the Community

Hello Community

We'll See You Every Monday

12:00—5:00 P.M.

***Forest Heights & St. Mark AME Church
Market***

5427 Indian Head Hwy

Oxon Hill, MD 20745



ADMINISTRATIVE OFFICES

Phone (301) 839-1030 Fax (301) 839-9236
8:30a.m.—5:00 p.m.
www.forestheightsmd.gov

Mayor Jacqueline Goodall—ext.223
jacquelinegoodall@msn.com

TOWN COUNCIL

Ward I

C. Lynn Smith-Barnes—ext. 301
ward1handinhand@aol.com

Robert Barnes —ext. 303
RBarnes@forestheightsmd.gov

Ward II

Jonathon Kennedy II— ext. 304
jwkennedy2@yahoo.com

Cynthia Mann— ext. 305
CMann@forestheightsmd.gov

Ward III

Habeeb-Ullah Muhammad— ext.300
ward3muhammad@yahoo.com

Larry Stoner—ext 302
lmstoner@verizon.net

ADMINISTRATIVE OFFICES

Vern Haefele,
Town Administrator— ext. 234
VHaefele2010@gmail.com

Bonita Anderson, Town Clerk—ext. 233
BAnderson@forestheightsmd.gov

Sherletta Hawkins,
Administrative Assistant—ext. 232
SHawkins@forestheightsmd.gov

Leittia Vaughn, Town Treasurer—ext. 221
LVaughn@forestheightsmd.gov

Mimi Liu,

Town Communications Specialist
liu.y.mimi@gmail.com

COMMUNITY CALENDAR AUGUST 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 Mayor/Council Meeting 7:30 p.m. Farmers Market 5427 Indian Head Hwy, Forest Heights MD	6	7	8	9	19 Splashin in Fashion & Kids Rock Fashion Six Flags American Noon to 4 PM PGCPS Back to School Fair The Show Place Arena
11 11th Annual Wash- ington Premier Fashion Showcase Camelot 13905 Central Ave Upper Marlboro Ball- room 5-8:30 p.m.	12 Farmers Market 5427 Indian Head Hwy, Forest Heights MD My Sister's Keeper and Man Talk 7:00 - 8:00 pm New Revival Center of Renewal 301-736-4535	13	14 FREE JAZZ DANCE WORKSHOP 6:00 pm - 7:00 pm 5640 Sunnyside Avenue. Suite E. Beltsville 301-220-1500	15	16	17 Yard Sale 8:00- 3:00 p.m. 5533 Livingston Rd Forest Heights Chesapeake Crab and Beer Festival 137 National Plaza
18	19 Farmers Market 5427 Indian Head Hwy, Forest Heights MD Kids are Back to School Senior Exercise Classes 12:00 noon	20 Dance Class Registration 8/20/2013 6:00-8:00 pm 5640 Sunnyside Avenue Suite E Beltsville 301-220-1500	21 Mayor/Council Work- shop 8:30 p.m. Senior Exercise Classes 12:00 noon	22	23	24 Community Car 1:00-3:00 p.m. Dragon Boat Regatta 137 National Plaza
25	26 Farmers Market 5427 Indian Head Hwy, Forest Heights MD Senior Exercise Classes 12:00 noon	27	28 Senior Exercise Classes 12:00 noon	29	30	31 Ward 3 Meeting 2:00 p.m.

**NOTE: IF ORDER IS NOT
PICKED UP BY 11:00 A.M. FOOD
WILL BE GIVEN AWAY**

SHARE FOOD NETWORK FOR AUGUST

Pick up Saturday August 24, 2013

ORDER AND PAY By August 9, 2013

10:00 a.m. to 11:00 a.m. **NOTE CASH ONLY**

10:00 a.m. to 11:00 a.m. **NOTA SOLO EFECTIVO**

<u>Package "A"</u> <u>Value Package</u> <u>\$20.00</u>	<u>Package "B"</u> <u>Perdue Turkey</u> <u>\$20.00</u>	<u>Package "C"</u> <u>Labor Day Grill Box</u> <u>\$20.00</u>
Chicken Drums 1.6 lbs	Perdue Turkey Filets Twenty Two Individual Filets, 5 ounces each, fully cooked Approximately 7.25 pounds per box	2-6 oz. Choice Sirloin Steaks
Jumbo, Smoked Grilling Sausage 5 pieces		2-6 oz. Boneless Pork Chops
Pollock fillets 1 lbs		1 lb IQF Chicken Breast
Ground Beef 1 lb		1 lb Ground Beef
Chicken Sausage Biscuits 4		1 lb Premium Italian Sausage
Green Giant Rice Medley 1 lb		
And 8-9 pounds of fresh, summer produce		

