



MESSAGE FROM MAYOR GOODALL

Greetings Residents,

I understand how frustrating it is when it seems that things are not happening at the pace with which we wish they would happen. However, if you watched the news reports, the removal of the snow was a challenge for the larger municipalities, as well as the counties and state, which have access to more resources and a larger capacity than smaller municipalities, such as Forest Heights.

I would like to thank our Public Works and Police Departments for their dedication during the snow emergency that began on January 22th through 24th, also thank you, to our contractor and his employees for their work in handling the emergency. Our contractor and public works employees began work on Friday afternoon and except for periodic breaks continued during the snow storm to try to keep the main arteries clear. Unfortunately, the volume of snow became overwhelming and they could only do their best until the snow ended.

Snow accumulation of 20 inches is challenging, therefore as was done in 2010 I reached out to contractors with heavy equipment to assist, as well as the county. Many of you are aware it was Wednesday morning, January 27th before we were able to hire a contractor with extra equipment to assist. The state and county takes priority on all equipment that is available, since they pay premium rates most contractors generally will work with them first. I am happy to report that by Thursday morning, January 28th all of our streets with the exception of one (1) had been made passable and by the evening of January 28th every street and lane within the town was passable. For those citizens that questioned the placement of emergency snow parking restrictions, this policy has been in place since the 1960's as well as our snow removal policy and directives. Having parking restriction helps the town with snow removal and reduces the possibility of damage to vehicles as the plows are moving through the streets.

It is also imperative that seniors living alone, as well as those citizens with medical conditions please call the town police (301-839-1040) to have your name added to our wellness check list.

While we have had a mild winter up until last week, we must remember that we still have several weeks of winter left. It is our hope that when the next storm comes that our citizens will give the town the opportunity to address the problem and have some patience, as hard as I know that is at times.

Yours truly,

Mayor Jacqueline Goodall

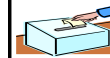
Town of Forest Heights Town Meetings

Mayor/Council Workshop Session

First Monday of each Month at 7:30 p.m.

Mayor/Council Meeting

Third Wednesday of each Month at 8:00 p.m., February 17, 2016



**Town Election for
the Councilperson
in Wards I, II & III to be
Held Wednesday,
March 9th, 2016**



Forest Heights will Host a Series of Political forms in February for the 3 Candidates for U.S. House of Representative of Maryland. The candidates will each discuss their political platform on the following dates: You are invited to share your questions with the candidates. On the following dates and times: Mr. Glenn Ivey, February 9th, 7:00 p.m.; Mrs. Ingrid Turner, February 11th, 7:00 p.m. and Mr. Warren Christopher, February 16th, 7:00 p.m. We write you to come out to hear the candidates and share your questions!

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TOWN BUSINESS SECTION

MUNICIPAL ELECTION NOTICE THE ELECTION WILL BE FOR TOWN ELECTIONS FOR THE COUNCILPERSON IN WARDS, I, II & III TO BE HELD WEDNESDAY, MARCH 9TH, 2016 YOUR POLLING PLACE

Forest Heights Municipal Building 5508 Arapahoe Drive Forest Heights, MD 20745

In accordance with Section 33-31 of the Forest Heights Town Charter persons may be nominated for elective office in the Town by filing a certificate of nomination together with a statement of the particular office to which he aspires, with the Town Clerk on or before the first Wednesday in February preceding the Town election. Such certificate shall state (1) the office for which the person is seeking, (2) the name and signature of the candidate, (3) the ward in which the person resides, (4) a statement the he meets the qualifications for the office as contained in this charter. No person shall file for nomination to more than one elective Town public office or hold more than one elective Town public office at any one time. The Town Board of Elections shall review each certificate of nomination and shall certify that the candidate meets the qualifications contained in this Charter. Any certificate of a candidate, that the Board's judgment does not meet the stated qualifications, shall be returned to the candidate with the reasons for the return stated thereon.

Certificate of Nominations may be obtained from the Municipal Building.

Qualifications: Candidates shall have resided in the Wards of the Town they represent for at least one year immediately preceding their election, shall be qualified voters of the Town, and shall maintain a permanent residence in the Town during their term of office.

If you have recently moved into Forest Heights from somewhere else in Prince George County or moved from one Ward to another Ward you must provide the County Board of Elections Supervisor with your new address or if you have never registered to vote in Prince George County, a voter registration application must be submitted to your local board of elections or the State Board of Elections at any time. However, applications must be postmarked by **February 9, 2016**, to vote in the Town Election.

Registration applications may be obtained from the Municipal Building in Forest Heights. For any additional information regarding election registration, please contact the Town Clerk or the Prince George County Board of Elections at (301) 430-8020.

Absentee Voters may make an application in writing for an absentee ballot. The application must be received no later than 7 days before the election. The application shall contain an affidavit, which need not be under oath, but which shall set forth the information required. Please contact the Town Clerk of Forest Heights for additional information.

DEADLINE FOR CERTIFICATE OF NOMINATION

Wednesday, February 3, 2016 at 4:30 PM

ALL CERTIFICATE OF NOMINATIONS ARE TO BE FILED WITH THE TOWN CLERK (ONLY)

Taking a phrase from President John F. Kennedy's inauguration speech "Ask not what your country can do for you, but what can you do for your country" and inserting the words 'Town of Forest Heights'. We must all participate in our town government, by serving as elected officials, participating in decision making, by serving on committees and boards, attending town meetings and most importantly by voting on Election Day. Let all of the citizens' work together to make Forest Heights a Town we are proud to live in.

Trusted, Comfortable & Caring Dentistry

**NOW
ACCEPTING
NEW PATIENTS**
NO OUT-OF-POCKET
COST FOR MOST
INSURED PATIENTS!

\$99

Cleaning, Polishing, Exam & X-Rays

For uninsured patients. Regular value of \$339. Offer does not include periodontal (gum) therapy. Offer good for new & returning patients who have not been seen in the last 24 months. One-time offer.

FREE

ORAL CANCER SCREENING with all cleaning appointments with Betsy, our FANTASTIC Registered Dental Hygienist who has over 30 years of experience!

DON'T FORGET!

Summer is the perfect time
to schedule your
children's appointments.

DON'T HIDE YOUR SMILE! GO WIRELESS!



invisalign®

The Clear Alternative to Braces

Get the **beautiful smile** you've always
wanted without the metal-mouth!

Cieplak **DENTAL** *Excellence*

Personalized & Comfortable

Expanded Weekday Hours!

6265 Crain Hwy, La Plata
301-609-9999

5722 Livingston Road, Oxon Hill
301-839-8888

www.PatCieplakDDS.com

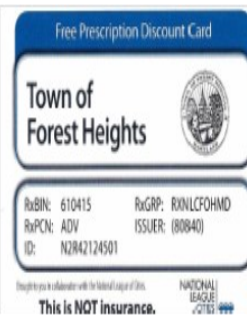
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Town Community News (continued)



Forest Heights Free Prescription Discount Card Program

NATIONAL LEAGUE OF CITIES Recognizes the City of Alexandria, Virginia as the first city in the NLC Prescription Discount card Program to surpass \$1 million in savings to residents, with total savings of \$1,376,947. **Come Pick-up Your Card and late be part of the saving.**



The Town of Forest Heights is pleased to announce that there were 26 completed projects under the Weatherization Assistance Program.

CONGRATULATIONS TO THOSE THAT PARTICIPATED!

Now we are ready for round four, please see below information:

The Weatherization Assistance Program Income Table Household

(Veterans and/or Retired Homeowners will be given preference)

1 person: income below \$63,900

2 people: income under \$73,000

3 people: income under \$82,100

Please contact Bonita Anderson (301) 839-1030 to request that your house be submitted for consideration for this opportunity.

Snow Storms

PLEASE BE MINDFUL OF THE PARKING POLICY FOR SNOW EMERGENCY

During snow storms remember to park on the side of the street that has Street Lights, regardless of what the posted signs say, so that snow plows can clear the streets. (as per Article 15.3.2 I.)

Are you Getting your Monthly Newsletters? If you or someone you know in Forest Heights has not received the Newsletter, Please contact the Town office during Business hours. (301) 839-1030.

**IT'S THAT TIME AGAIN
RENTAL HOME INSPECTION
CALL TO SCHEDULE YOUR TIME
301-839-4040 ext 228.**

Routine Safe and Clean Inspections Again, this inspection is documented, signed by you with a copy provided to you. If there are any issues, a follow-up inspection should be scheduled.



MARYLAND BLACK MAYORS INC. SCHOLARSHIP CONTEST

In Partnership With...

Mayor Jacqueline Goodall Forest Heights, Maryland



2016

The 2016 Maryland Black Mayors Inc. (MBM) scholarship will be awarded to a talented, deserving high school graduate or first-year college student matriculating to college/university or technical school in the 2016-2017 school year. Application guidelines and forms are available at the local Mayor's Office. The deadline for submission is **April 1, 2016** at 5pm. The winning Forest Heights student will be presented with the scholarship at the Maryland Black Mayors Annual Honors Gala on May 6, 2016.

SCHOLARSHIPS ARE OPEN TO ALL APPLICANTS REGARDLESS OF RACE, CREED, COLOR, RELIGION, SEXUAL ORIENTATION OR DISABILITY.

Town Community News (continued)

The Prince George's County Government, Prince George's Community College, the Prince George's County Public Schools, the Maryland National Capital Park and Planning Commission, the Greater Prince George's County Business Roundtable, and the Prince George's County Chamber of Commerce, are proud to announce the 2016 launch of

Youth@Work/SYEP Job Training Program

Free

Youth@Work/SYEP Job Training Program, a robust and exciting initiative, is a collaboration with the Prince George's County Summer Youth Enrichment program (SYEP). Through Youth@Work/SYEP participants **ages 15-19+**, will have opportunities to obtain job skills and prepare for employment opportunities.

Register NOW!

Get more information or instructions for registering online | www.pgcc.edu/go/youthatwork
Contact us with questions | ☎ 301-546-1580 or ✉ youth-work@pgcc.edu
Convenient schedules and locations | Most accessible by public transportation

Job Readiness

Schedule Options	Seven Training Locations throughout Prince George's County	Four (4) face-to-face course dates (students receive online assignments before and between these course dates)	Assessment Dates @ PGCC
Option A	Northwestern, Parkdale, Central, & Crossland High Schools	January 23, February 6, February 20, February 27, and	March 5
Option B	Largo, Suitland, & Surrontsville High Schools	February 6, February 20, March 5, March 12, and	March 19
Option C	Northwestern, Parkdale, Central, & Crossland High Schools	April 9, April 23, May 7, May 14, and	May 21
Option D	Largo, Suitland, & Surrontsville High Schools	April 16, April 23, April 30, May 14, and	May 21

ACT | SAT Dates (one absence for testing is permissible)

Career Pathways

Location: Prince George's Community College

All classes will be offered between January 23 and May 14.
Specific dates and to be announced.



Prince George's Chamber of Commerce
improving lives by building a better Prince George's County



"IF I WERE MAYOR, I WOULD..."



Have your parents ever said, "hey, be nice," when they overhear you speaking too roughly to a sibling or friend? Forgetting to be polite happens to everyone, now and then. But civility—polite, reasonable and respectful behavior—is something everyone has to practice. Elected officials deal with issues that are important to their community and it can be tough to keep every conversation civil. So, imagine you're the Mayor of Happy Town, share how you would handle this challenge.

Happy Town wants to turn a vacant lot into a place kids can play. Some citizens want it to be a playground. Others want it to be a skate park. The town can only afford to make it one or the other. Now, the entire town is divided. Everyone thinks their solution is best and the discussions about it are loud, angry and sometimes mean. In the end, the council votes to turn the lot into a playground.

ESSAY CONTEST

CONTEST RULES

- The contest is open to all Maryland students enrolled in the 4th grade during the 2014-2015 school year.
- All essays must begin with the opening line: "If I Were Mayor, I Would..."
- Essays may not exceed 275 words.
- Only one essay may be submitted per student.
- Essays will be judged by contest sponsors in the following areas: essay relation to contest topic; displayed knowledge about municipal government and the role of a mayor; creativity; and proper use of grammar.
- Students must include their first and last names, school and teacher's name at the top of their essays.
- Essays must be received no later than March 31, 2015. Winners will be notified by the end of April 2015.

THEME: RESPECT

If you were Mayor...

- How would you get both sides to work together to build the playground?
- What would you do to keep the citizens and elected officials from being mean to each other because some dislike the final decision?
- What would you do, after the decision is made, to make sure the whole town supports the playground?

BE CREATIVE!

OFFICIAL ENTRY FORM

School: _____
School Address: _____
City: _____ Zip: _____
County: _____
Name of Sponsoring Teacher: _____
Email: _____
Total number of essays submitted: _____

All entry information is mandatory.

Town Community News (continued)

It's Spring Cleanup Again!!

Please help us reach our goal of 100 volunteers.

April has become our town's annual clean up Month.

This year it will run from April 16th until April 23th.

Let's have a **Community Yard Sale**, on the 9th of April.



On the 16th everyone, can come out and help clean our community up. Look for the March Newsletter for more details. We are looking for volunteers again. If you are interested in being part of the FOREST HEIGHTS SPRING CLEAN UP service hours will be given to those high school students who wish to participate in the planning, as well as the clean up. Please contact Mrs. Sherletta Hawkins (Bean) or leave a message at the Town Hall (240-289-2300).

10-Week Employment Training Program for Unemployed and Underemployed Citizens

We are having a great time in training! Enrolling Now

HURRY! Call us today at (301) 499-8872

The Training Source offers a 10-week comprehensive Office Automation Training program that helps program participants to obtain employment skills that are currently in demand by area employers. This program is available to eligible unemployed or underemployed citizens. **The Training Source** has provided employment training, individual and group career counseling, job preparation and placement assistance and follow-up services since 1993. Hundreds of citizens have successfully completed training with **The Training Source**.

The 10-week program includes:

1. **Computer Skills** – computer concepts, keyboard/typing, MS Windows and MS Office (Word, Excel, PowerPoint, Access, Publisher, and Outlook)

2. **Life Skills** – self-esteem and motivation, time/money management, business English, and communication/public speaking

Professional Skills – resume preparation, business correspondence, interview techniques, dressing for success, successful job search strategies, and job survival tips

When and where are Office Automation Training classes held?

Classes are held Monday through Friday, 9:00 a.m. – 3:30 p.m. for 10 weeks at:

The Training Source, 59 Yost Place, Seat Pleasant, Maryland 20743 (Conveniently located near the Addison Road Metro Station)

What are the requirements for admission?

- You must be 18 years of age or older
- You must have a high school diploma or GED

You must have a state issued ID

How much does the Office Automation program cost?

All candidates who are admitted into the program receive full funding if they are an eligible Maryland or District of Columbia resident.

District 8 COMMUNITY



Coffee with
Council Member
Obie Patterson
Prince George's County, District 8

Friday, February 19, 2016
9:00 - 11:00 AM

Darrah's Café
10907 Fort Washington Road
Fort Washington, Maryland 20744



If you have any questions, please contact Council Member
Obie Patterson's office at (301) 952-3860.

Please RSVP by February 15, 2016 to councildistrict8@co.pg.md.us

PRINCE GEORGE'S COUNTY
COUNCIL

Town Community News (continued)

The Forest Heights Seniors' Recreation Program presents a seminar on:



applied
physical
training
effective safety care welfare security
improve competency examine techniques review



Monday February 8, 2016 @ 1-2pm

Forest Heights Municipal Building

5508 Arapahoe Drive

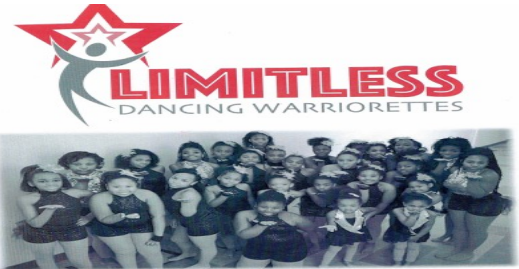
Forest Heights, MD 20745

For information, contact Ms. Turner at 202-330-3043 or email turnerkchar@aol.com

Are you doing all you can for your Health?



Seniors Exercise Classes
Monday and Wednesday,
Class Begins at 12:00 noon



IS YOUR CHILD FREE ON SATURDAYS?
FOREST HEIGHTS HAS A CHEER & DANCE PROGRAM "LIMITLESS ALL STARZ" EVERY SATURDAY
10:30-1:00 PM
AGES 8 YRS TO 18 YRS
Call Nikkei 301-404 6772

The Forest Heights Healthy Living Program invites you to a health seminar on:



Thursday February 25, 2016 @ 1-2pm

Location: Forest Heights Municipal Building

5508 Arapahoe Drive

Forest Heights, MD 20745

For the 2015-2016 school year, the Excellence in Education Foundation for PGCPs, Inc. (EEF-PGCPs) will award \$151,000 in scholarship dollars to PGCPs graduating seniors as follows:

- Chief Executive Officer's Scholarship - \$5,000 to 5 PGCPs graduating seniors
- Leadership Scholarship - \$3,500 each to 15 PGCPs graduating seniors
- Student Service Learning Scholarship - \$3,500 each to 15 PGCPs graduating seniors
- Technical Scholarship - \$3,500 each to 2 PGCPs graduating seniors
- Trade Scholarship - \$3,500 each to 2 PGCPs graduating seniors
- Culinary Arts Scholarship - 3,500 each to 2 PGCPs graduating seniors

*****EWCWSS****

Local Forest Heights
Post Customer

PRSWRT STD
ECRWSS
U.S. POSTAGE
PAID

Town Community News (continued)

Trash/Recycle Collection is to be Placed at the Curb the Night before Collection



PICK-UP DAYS BEGIN AT 6:30 a.m.

MONDAY—Recycle & Trash

Yard Waste will be Picked Up on Wednesday

THURSDAY—Bulk

Call a head for METAL PICK-UP Metal placed on the curb will be picked up by Public Works for a minimum of \$35.00

Propane Tank Pick-ups are \$30 each

Stay Connected

Town Meetings Now Available Online

Don't miss out on the latest community news, events and projects! Our Town meetings are now available for viewing at [FH Community Video](#), and check us out on [Forest Heights Facebook](#). May we have your email address? The Town is continuing to develop its residential Email list to inform residents of activities, events, and news in and around the Town. Please contact Town Hall 301-839-1030, with your name and email address or send it to: shawkins@forestheightsmd.gov

Forest Heights Community Room open for RENT. The Town Hall is a functional, spacious venue that boasts hardwood floors, special event and natural lights, small banquets facilities, audio visual amenities, and a main stage, perfect for your meetings and special events.

The room accommodates 120 guests for banquets and 160 for theatre seating. To view the facility or reserve the space, contact our rental events coordinator, Sherletta Hawkins at 301-839-1030 or shawkins@forestheightsmd.gov

Forest Heights Notary

9 am - 4 pm Monday - Friday

Notary is \$2 per document

301-839-1030

ADMINISTRATIVE OFFICES

Phone (301) 839-1030 Fax (301) 839-9236

8:30a.m.—5:00 p.m.

www.forestheightsmd.gov

Mayor Jacqueline Goodall—ext. 1223

jacquelinegoodall@msn.com

TOWN COUNCIL

Ward I

C. Lynn Smith-Barnes—ext. 1301

ward1handinhand@aol.com

Robert Barnes —ext. 1303

RBarnes@forestheightsmd.gov

Ward II

Jonathon Kennedy II— ext. 1304

jwkennedy2@yahoo.com

Cynthia Mann— ext. 1305

CMann@forestheightsmd.gov

Ward III

Habeeb-Ullah Muhammad— ext.1300

ward3muhammad@yahoo.com

Brian McLaurin—ext 1302

bmrides@msn.com

ADMINISTRATIVE OFFICES

Vern Haefele,

Town Administrator— ext. 1234

VHaefele2010@gmail.com

Bonita Anderson, Town Clerk—ext. 1233

BAnderson@forestheightsmd.gov

Sherletta Hawkins,

Administrative Assistant—ext. 1229

SHawkins@forestheightsmd.gov

Leittia Vaughn, Town Treasurer-ext. 1235

LVaughn@forestheightsmd.gov

PUBLIC WORKS DIRECTOR

Stanley Mosley—ext.1231

smosleysr@forestheightsmd.gov

POLICE DEPARTMENT

(301) 839-4040

Chief of Police Stewart Russell—ext. 1224

srussell@forestheightsmd.gov

Latessa Crawford, Police Clerk—ext. 1225

lcrawford@forestheightsmd.gov

Eastover District IV Police

(301) 749-4900

EMERGENCY DIAL 911

COMMUNITY CALENDAR FEBRUARY 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 MAYOR/COUNCIL MEETING, 7:30PM Senior Exercise Classes 12-1pm Trash/Recycle Pickup	2	3 Senior Exercise Classes 12-1pm Yard Waste	4 Bulk Trash 3 Items or Less Family Art Show & Silent Auction 6-9p.m. Prince George's Sports & Learning Complex 8001 Sheriff Road, Landover, MD 20785	5	6 Forest Heights Limitless StarZ Dance 9:00-noon
7 Public House Super Bowl Party 12-11:59p.m. National Harbor	8 Senior Exercise Classes 12-1pm Trash/Recycle Pickup Seminar on Applied Physical Training 1-2p.m.	9 Mr. Glenn Ivey for Congress 7:00p.m. Town Hall	10 Senior Exercise Classes 12-1pm Yard Waste	11 Bulk Trash 3 Items or Less Mrs. Ingrid Turner for Congress 7:00p.m. Town Hall Tots Percussion Workshop: Samba! 9:30-11:15 am Public Playhouse 5445 Landover Rd., Cheverly 20784	12 Movie Star Night 6-9p.m. Beltville Community Center 3900 Sellman Road Beltville 20705	13 Forest Heights Limitless StarZ Dance 9-12 noon
14 Public Play House National Harbor Valentine Day 5p.m.	15 TOWN CLOSED TRASH PICKUP NO RECYCLE PICKUP	16 Mr. Warren Christopher for Congress 7:00p.m. Town Hall	17 MAYOR/COUNCIL WORKSHOP MEETING 8:00PM Senior Exercise Classes 12-1pm Yard Waste	18 Bulk Trash 3 Items or Less	19	20 Forest Heights Limitless StarZ Dance 9:00-noon Jubilee Voices 2-3p.m. Trinity Episcopal Church 14515 Church Street, Upper Marlboro, MD 20773
21 PRAISE Dance Festival 4p.m 5445 Landover Road Cheverly, MD 20784	22 Senior Exercise Classes 12-1pm Trash/Recycle Pickup	23 Seminar on SHINGLES 1-2p.m.	24 Senior Exercise Classes 12-1pm Yard Waste	25 Bulk Trash 3 Items or Less	26	27 Forest Heights Limitless StarZ Dance 9-12 noon
28 Black History Month Exhibition: "Narrative in Black Identity" 10-5pm. 9652 Muirkirk Rd., Laurel, MD 20708	29 Senior Exercise Classes 12-1pm Trash/Recycle Pickup					

2016 Official Town Holidays will be CLOSED on the Following Holidays.

- New Year's Day – Friday, January 1
- President Day – Monday, February 15
- Independence Day – Monday, July 4
- Veteran's Day – Friday, November 11
- Day After Thanksgiving – Friday, November 25
- Martin Luther King's Birthday – Monday January 18
- Memorial Day – Monday, May 30
- Labor Day – Monday, September 5
- Thanksgiving Day – Thursday, November 24
- Christmas Day – December 25 (observed on Monday, December 26)