



MESSAGE FROM THE MAYOR

Parking and out of state plates were among the issues that were discussed at the August town meeting (available for viewing at www.FORESTHEIGHTSMD.GOV under community video).

This has been a matter of concern for many years and as we have seen several homes that have illegally been converted from single family to multi-family homes, we have seen an increase in vehicles per household. In addition, as families have had to deal with the financial situations of the time, we have seen extended families and children move back home with their parents. There again, many of them have their own vehicles, which mean additional vehicles.

In regards to out of state plates, our police department has been in contact with the MD MDOT and the MD State Police. This seems to be an ongoing issue that is being discussed on the State level and in the courts. Virginia apparently has made some changes to their laws regarding registration of vehicles that has complicated the law in Maryland. Due to this ambiguous law tickets that have been written by Maryland police for out of state tags have been largely thrown out of court. We are closely monitoring this matter. However, Maryland changed their law and now there is a 60-day residency requirement, before a new resident must change the registration of their car.

Both of these matters can be addressed by the town either requiring Occupancy permits, that are similar to those that are utilized in other municipalities i.e. College Park or by issuing Parking permits that are used by other jurisdictions. Either one is going to create some controversy, therefore a committee has been formed and citizens are welcome to join and have input into the matter.

Councilperson Lynn Smith-Barnes and Councilperson McLaurin are the councilpersons that brought this matter to the attention of the council and have been asked to head this committee, along with a staff member who will assist. If you are interested, please contact one of the above councilmembers by September 20th or attend the September 21st town meeting. Your input is very important and valuable.

Parking y placas de estado fue entre los temas que se discutieron en la reunión de la ciudad de agosto (disponible para su consulta en www.FORESTHEIGHTSMD.GOV en video de la comunidad).

Esto ha sido motivo de preocupación durante muchos años y como ya hemos visto varias casas que se han convertido ilegalmente de unifamiliar en casas multifamiliares, hemos visto un aumento de vehículos por hogar. Además, como las familias han tenido que lidiar con la situación financiera de la época, hemos visto familias y niños mueven a casa con sus padres. Allí otra vez, muchos de ellos tienen sus propios vehículos, lo que significan que los vehículos además.

En cuanto a fuera de las placas del estado, nuestro Departamento de policía ha sido en contacto con el MDOT MD y la policía del estado de MD. Esto parece ser un tema actual que se está discutiendo en el nivel de estado y los tribunales. Virginia al parecer ha hecho algunos cambios a sus leyes con respecto a la matriculación de vehículos que ha complicado la ley en Maryland. Debido a esta ley ambigua entradas que se han escrito por la policía de Maryland por fuera de las etiquetas de Estado ha sido lanzado en gran parte fuera de la corte. Estamos monitoreando de cerca este asunto. Sin embargo, Maryland cambió su ley y ahora es un requisito de residencia de 60 días, antes de que un nuevo residente tiene que cambiar la matrícula de su coche.

Tanto de estas cuestiones puede ser abordada por la ciudad cualquier ocupación que requiera permisos, que son similares a los que se utilizan en otros municipios es decir College Park o mediante la emisión de estacionamiento permite que utilizado por otras jurisdicciones. Ya sea uno va a crear cierta controversia, por lo tanto, se ha formado un Comité y los ciudadanos son Bienvenidos a participar y tener injerencia en la materia.

Concejal Lynn Smith-Barnes y McLaurin de concejal son los concejales que trajeron este asunto a la atención del Consejo y se les ha pedido a la cabeza de esta Comisión, junto con un miembro del personal que le atenderá. Si usted está interesado, póngase en contacto con uno de los miembros del Consejo superior el 20 de septiembre de^a o asistir a la reunión el 21 de septiembre de ciudad de^a. Su entrada es muy importante y valioso.

Jacqueline Goodall

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Reminder Forest Heights Residents



Holiday Trash, Recycling and Yard Waste Collections Schedule

No pickup on Monday September 5, 2016

Tuesday September 6, 2016 TRASH PICKUP ONLY

Recycling and Yard Waste will be pickup

Monday September 12, 2016

Recordatorio Forest Heights residentes

Papelera de vacaciones, reciclaje y desechos de jardinería Colecciones Horario

Ninguna recogida en lunes 5 de septiembre el año 2016

Martes 6 de septiembre, el año 2016 BASURA

RECOGIDA SOLAMENTE

Reciclaje y desechos de jardinería serán recogida

Lunes 12 de septiembre de, el año 2016

Town of Forest Heights Town Meetings

Mayor/Council Workshop Meeting First Monday of each Month at 7:30 p.m.

THERE WILL NOT BE A WORKSHOP MEETING on September 5, 2016

Workshop Meeting will be Tuesday, September 6, 2016

Mayor/Council Meeting Third Wednesday of each Month at 8:00 p.m.

Wednesday, September 21, 2016

Town Community News (continued)

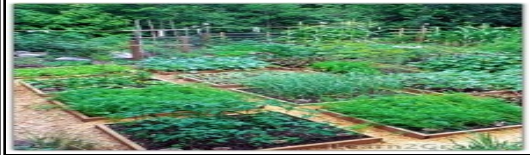


Did you know

My name is Cathy Clark and for the past 38 years I have grown a garden in my yard. If you are thinking about growing a garden or trying to stop deer from getting in the garden

you already have, try planting large quantities of rosemary and sage. It has kept the deer from eating my vegetables and fruit.

Would you like a tour of your Community Garden Tour at 5:30p.m. Thursday, September 8, 2016.



We need your help: **Forest Heights Green Team**, why would anyone want to join our team if all they have to do is work and sit around in boring meetings? Our Aim is to make it fun and exciting while we work together towards a sustainable community. If you can answer this question: What do you think are the big green issues? You need to be part of the Green Team. **Next Meeting September 22, 2016. Town Hall 6:00 p.m.**

The Forest Heights Recreation Club Program, invites you to a seminar on:

WSSC

WHERE WATER MATTERS

Monday September 12, 2016 @1-2 PM

Forest Heights Municipal Building

5508 Arapahoe Drive

Forest Heights, MD 20745

For information contact Mrs. Turner at 202-330-3043 or email Turnerkchar@aol.com

KEEP TICKS OFF!

Prevention and early detection are key to preventing Lyme disease.

- Ticks are most commonly found in or near woods, marshes, bushes, shrubs, leaf litter, and tall grass.
- Look for ticks in late spring and early fall, when they are most active.
- Spray insect repellent with 20-30% DEET on clothes and exposed skin.
- OK to treat clothes with Permethrin, but don't use this directly on the skin!
- Check yourself from head to toe daily after being in any tick habitat.



In the mid-Atlantic U.S., Lyme disease is spread through the bite of an infected black-legged tick, or deer tick, most commonly by the nymph, but adults can also transmit the disease. Nymphs are tiny (less than 2 mm) and difficult to see.

Source: U.S. Centers for Disease Control and Prevention (CDC)

Wear long pants and long sleeves to keep ticks off skin.

Tuck shirt into pants, and pants into boots to keep ticks on the outside.

Wear light-colored clothing to help spot ticks easily.



Chesapeake
Employers Insurance
Your workers' compensation specialist

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Town Community News (continued)

Atlantic City Excursion

Sponsored by The Oxon Hill Recreation Club

Join us on our next trip to Atlantic City.
Visit the casinos, shop or walk the Board Walk

Friday, November 4th, 2016



Cost \$45 per person

At the Casino receive: \$15 - 20 in slot play (subject to change)

On the Bus: Play the 50/50 raffle and read, converse or watch movies



Money due: October 21st, 2016

Depart 9 a.m. & Return 11 p.m
Oxon Hill Recreation Club
1661 Tucker Rd
(next to Knights of Columbus)
Oxon Hill, MD

There is plenty of free parking. Send check, made payable to OHRC and mail to P O Box 342 Oxon Hill MD 20745 by Oct 21st, 2015 Please include your phone number.

Questions: Contact [301-567-7492](tel:301-567-7492) and *speaking slowly and clearly*, leave message - it will be returned



Town Community News (continued)



Are you doing all you can for
your Health?

Seniors Exercise Classes
Monday and Wednesday,
Class Begins at 12:00 noon

**The Forest Heights Healthy Living
invites you to a seminar on:**
Issues that Affect Seniors' Court Cases



Thursday, September 22, 2016 @1-2 PM
Forest Heights Municipal Building
5508 Arapahoe Drive
Forest Heights, MD 20745
For information contact Mrs. Turner at 202-330-3043 or
email Turnerkchar@aol.com

25th Annual **Kayla's Village** Heal to Toe Walk

Sunday, October 9, 2016 – Woodrow Wilson Bridge Trail
RAIN OR SHINE! Woodrow Wilson Bridge, Oxon Hill, Maryland 20745
START SITE Woodrow Wilson Bridge Trail Entrance (Near Police Station entering National Harbor)
PARKING Parking lot located at beginning of Walking Trail. (Police Station)

Join us, one step at a time, to raise funds to help HEAL individuals and families living with loss.

5K Walk (3.5 Miles)	
All Ages Welcome!	
Registration & Fees	\$20 Pre-Registration Fee (Online) Through midnight Saturday, October 2. http://bit.ly/2bQ3xwf
	\$25 Same Day Registration Fee
Schedule	8:00 am Registration begins on site. Continental breakfast served!
	9:00 am – START Walkers may start anytime.
	Noon



To Donate:
Greatly needed, tax-deductible!
www.kaylasvillage.org/donate

Or send checks payable to:
Kayla's Village
3505 16th Street, N.W.
Washington, D.C. 20010



It takes a village!

CONTACT US:
Pre-Register
<http://bit.ly/2bQ3xwf>

Phone: Felicia Gross
Cell: 240-408-6393

Email: licia12692@gmail.com

Volunteer
Community Service Hours Available upon
request.

EVENT EXTRAS:

- FREE Continental Breakfast!
- Receive Raffle Tickets with EACH Referral (must register together)!
- Door Prizes Available!



Senior Fitness Day & PICNIC

SEPTEMBER 16, 2016
10:00am - 2:00pm @ Watkins Regional Park
301 Watkins Park Drive, Upper Marlboro, MD 20774

BLAZE A TRAIL TO FITNESS!

To Register Dial 3-1-1
Registration Begins Monday, August 22, 2016 |
Deadline Friday, September 9, 2016

Open to Prince
George's County
Residents Age 60
and Older

This event is a recreational and social activity for older adults. Prince George's County, Maryland, and the Department of Family Services and its staff do not provide supervision for attendees of this event.

A Special Thanks From the Town

The Town of Forest Heights would like to give a special thanks to the following Employees, Businesses (listed below), Vendors, Volunteers and Guests for their wonderful support for Forest Heights Day. We would like to especially thank Mr. Coztez Santana, Forest Heights CDC and Police Chief Anthony Ayers from Capitol Heights. We could not have done it without you!! I would like to apologize for not listing the names of volunteers in the Town that assisted us with Forest Heights Day. We did not want to omit anyone and we do appreciate EVERYONE.

(Hear what some of your neighbors are saying.)

Good morning,

I just wanted to take a moment to say thank you for the wonderful Forest Heights Day which was held on Saturday: May grandsons (pictures attached) and I had a wonderful time as we visited with neighbors and the community in cookout fun.

Celebrating my third year as a resident here is this beautiful association, I had no idea I loved this town so much! It is my hope to purchase a home next year and get more involved in the local politics. I want to do my part in advancing the town of Forest Heights as an even greater force in the metropolitan area.

Most Sincerely, Fred

Hi Everyone,

I want to take a moment to say thank you soooo much to all of you, I had a wonderful time. When I first came to Forest Heights I was lost, scared even though I had so much support from family. This community has given me hope, love and support I will never forget you all!!! And I hope I to can make a difference in someone's life just like you all did for me.

Your friend, Angie



TOWN OF FOREST HEIGHTS

WOULD LIKE TO GIVE

THANKS TO ALL OUR SPONSORS





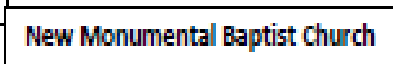




Francis DiSalvo
CPA



Eastover Liquors



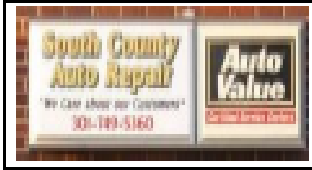












St Mark AME Church





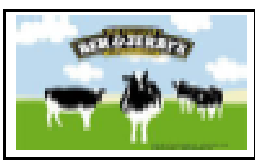


Desserts by Gerard

Mike's Restaurant & Liquors



The Maryland-National Capital Park and Planning Commission



COMMUNITY CALENDAR SEPTEMBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 FOREST HEIGHTS LIMITLESS STARZ DANCE 9-12PM
4 FREE FAM- ILY MOVIE NATIONAL HARBOR OUTDOOR 6PM	5 OFFICE CLOSED	6 MAYOR/COUNCIL TOWN MEETING 7:30PM TRASH PICKUP	7 SENIOR EXERCISE CLASSES 12-1PM ST MARK CHURCH AND FOREST HEIGHTS FARM MARKET 11-6PM	8 BULK TRASH 3 ITEMS OR LESS FREE MOVIE NIGHT NATIONAL HARBOR OUTDOOR 6PM IT'S	9	10 NO DANCE CLASS
11	12 YARD WASTE, TRASH AND RECYCLING SENIOR EXERCISE CLASSES 12-1PM	13	14 SENIOR EXERCISE CLASSES 12-1PM ST MARK CHURCH AND FOREST HEIGHTS FARM MARKET 11-6PM	15 BULK TRASH 3 ITEMS OR LESS FREE MOVIE NIGHT NATIONAL HARBOR OUTDOOR 6PM IT'S	16	17 FOREST HEIGHTS LIMITLESS STARZ DANCE 9-12PM
18	19 YARD WASTE, TRASH AND RECYCLING SENIOR EXERCISE CLASSES 12-1PM	20	21 MAYOR/COUNCIL TOWN MEETING 8:00PM SENIOR EXERCISE CLASSES 12-1PM	22 BULK TRASH 3 ITEMS OR LESS GREEN TEAM MEETING 6:00PM	23	24 FOREST HEIGHTS LIMITLESS STARZ DANCE 9-12PM
25 FREE NATIONAL HARBOR OUTDOOR 6PM	26 YARD WASTE, TRASH AND RECYCLING	27	28 SENIOR EXERCISE CLASSES 12-1PM ST MARK CHURCH AND FOREST HEIGHTS FARM MARKET 11-6PM	29 2016 ACTIVE AGING WEEK: Explore the Possi- bilities! Over 30 Free senior activities offered by M- NCPPC, Sept.9/26-30	30	

Expungement Clinic

Saturday, September 24th, 2016

10:00AM - 2:00PM

4009 Wallace Road, North Brentwood, MD 20722



Do you have a criminal record that is affecting your possibility to obtain a job?

Join

**Senator Victor Ramirez &
Mayor Petrella Robinson**

for a session with Maryland lawyers to determine if any of your charges qualify for expungement.

Provided by:



Taller de Eliminación de Antecedentes Penales

Sábado, 24 de Septiembre del 2016

10:00AM - 2:00PM

4009 Wallace Road, North Brentwood, MD 20722



¿Tiene antecedentes penales que está afectando sus posibilidades de obtener un trabajo?

Unase con el **Senador Victor Ramirez &
la Alcalde Petrella Robinson**

Para una sesión con abogados de Maryland para determinar si alguno de sus cargos califican para eliminación de antecedentes penales.

Provided by:



*****EWCWSS****

Local Forest Heights
Post Customer

PRSWRT STD
ECRWSS
U.S. POSTAGE
PAID

Town Community News (continued)



Get your Town of Forest Heights
Information Electronically!

Stay Connected: Town Meetings Now Available
Online, FH Community Video

Residents are invited to sign-up to received updates on upcoming events, meeting notices, public safety notices/alerts, etc. It is easy to sign-up; just email shawkins@forestheightsmd.gov to start receiving information electronically from the Town of Forest Heights, or call the Town Hall Administrative Office at 301-839-1030 for assistance. Visit us at www.forestheightsmd.gov. and/or check us out on Forest Heights Facebook. May we have your email address?

Remember Friends

The Town would like to offer their deepest sympathy to the family of Crawford Willie Lowery of Quade St who passed on Saturday August 22, 2015.

The Town of Forest Heights' thoughts and prayers are with you.

What's Bugging You More? Not getting your newsletter.

Most of us still receive a lot of mail every day. Some of it you don't even want, but Lenora Pride did want her newsletter and wondered why she wasn't getting it. Then she started getting notices from people that they were not receiving a newsletter; so she asked what was going on? If you are having a problem with the delivery of your mail/newsletter please contact the Town Administrator office. 301-839-1030.

Forest Heights Notary

9 am - 4 pm Monday - Friday

ADMINISTRATIVE OFFICES

Phone (301) 839-1030 Fax (301) 839-9236

8:30a.m.—5:00 p.m.

www.forestheightsmd.gov

Mayor Jacqueline Goodall—ext. 1223

jacquelinegoodall@msn.com

TOWN COUNCIL

Ward I

C. Lynn Smith-Barnes—ext. 1301

ward1handinhand@aol.com

Robert Barnes —ext. 1303

RBarnes@forestheightsmd.gov

Ward II

Jonathon Kennedy II— ext. 1304

jwkenedy2@yahoo.com

Cynthia Mann— ext. 1305

CMann4@msn.com

Ward III

Habeeb-Ullah Muhammad— ext.1300

ward3muhammad@yahoo.com

Brian McLaurin—ext 1302

brmrides@msn.com

ADMINISTRATIVE OFFICES

Vern Haeefe,

Town Administrator— ext. 1234

VHaeefe2010@gmail.com

Bonita Anderson, Town Clerk—ext. 1233

BAnderson@forestheightsmd.gov

Sherletta Hawkins,

Administrative Assistant—ext. 1229

SHawkins@forestheightsmd.gov

Leittia Vaughn, Town Treasurer—ext. 1235

LVaughn@forestheightsmd.gov

Town Planner—ext.1232

LRobinson@forestheightsmd.gov

Larry Vaughn, Public Work Director—ext 1231

LDVaughn@forestheightsmd.gov

POLICE DEPARTMENT

(301) 839-4040

Chief of Police Stewart Russell—ext. 1224

srussell@forestheightsmd.gov

Latessa Crawford, Police Clerk—ext. 1225

lcrawford@forestheightsmd.gov

CODE ENFORCEMENT OFC

Rsmith@forestheightsmd.gov

Non-Emergency (301) 749-4900

EMERGENCY DIAL 911